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Please email questions/comments to : dfische@valleyhospitalfoundation.org

Spring Luncheon Update

Regretfully, the requirements of social distancing and our concern for everyone’s safety continue to prevent us from large in-person gatherings. Fortunately, our planned guest speaker, best-selling author Cheryl Strayed, is working with us, and we are planning to host her for a virtual Spring Luncheon on May 12, 2021. We’ll share more information as plans are confirmed.



“Like tiny seeds with potent power to push through tough ground and become mighty trees, we hold innate reserves of unimaginable strength. We are resilient.”
-Catherine DeVrye

The Valley Hospital in Paramus

On December 8, 2020, Valley celebrated a construction milestone for The Valley Hospital in Paramus with a “topping out” ceremony in which the final structural steel beam was put into place. This ancient building practice signifies that the project has reached the attainment of its highest point.



Your *Women For Health* 2020 gift was designated to the new hospital. At the virtual Annual Meeting on December 1, 2020, the voting results were announced for the donor recognition opportunity: the NICU Family Lounge. Your concern for the comfort of the families of our tiniest patients is inspiring!

A special welcome to our newest member...
Linda C. Lewis, DNP

Care After Covid

Valley has launched **Care After Covid**, a program specifically designed to assist individuals struggling with lingering symptoms associated with Covid-19.

Led by Dr. Puneeta Sharma, **Care After Covid** coordinates the services of a multidisciplinary medical team who can address long-term complications of Covid-19 infection. These include specialists in the areas of behavioral health, cardiology, otolaryngology (ear, nose, and throat), neurology, pediatrics, physical medicine and rehabilitation, primary care, pulmonology, and obstetrics.

To access **Care After Covid**, please call 1-800-VALLEY (1-800-825-5391) and press option 6. You will be scheduled for a telemedicine consultation with a registered nurse, who will then connect you with the appropriate medical specialists.

Thank You for Renewing

The Valley Hospital Foundation is grateful to each of the **135 Women For Health** members who renewed their memberships during 2020. Your commitment to Valley and to *Women For Health* makes an incredible statement to the community about your dedication to support Valley in its mission of enhancing lives by healing, caring, and inspiring wellness.

Last year we also asked you to make an additional gift in recognition of the 10th anniversary of *Women For Health*. We offer a special note of thanks to the following members who responded to that call:

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|------------------------------|------------------------|--------------------------|
| <i>Petra Abdo Winterberg</i> | <i>Carol Adrignolo</i> | <i>Gloria Blumenthal</i> |
| <i>Sandy Carapezza</i> | <i>Marilyn Clark</i> | <i>Janice Czelusta</i> |
| <i>Lesley Dinallo</i> | <i>Julie Epstein</i> | <i>Carla Fels</i> |
| <i>Heidi Fink</i> | <i>Ellen Forlenza</i> | <i>Brenda Gallagher</i> |
| <i>Danielle Gagliotti</i> | <i>Grace Galvin</i> | <i>Barbara Gorga</i> |
| <i>Irene Herlinsky</i> | <i>Dana Hopper</i> | <i>Tracy Kaplan</i> |
| <i>Elaine Kaufman</i> | <i>Gigo Lee-Taylor</i> | <i>Mary Meakem</i> |
| <i>Audrey Meyers</i> | <i>Alice Palmer</i> | <i>Lya Pfeifer</i> |
| <i>Takako Richards</i> | <i>Mary Roberts</i> | <i>Cipora Schwartz</i> |
| <i>Karen Sheehy</i> | <i>Pat Sullivan</i> | <i>Doris Swenson</i> |
| <i>Diane Taylor Droste</i> | <i>Susan Vallario</i> | <i>Linda Wasserstein</i> |
| <i>Sue Wortmann</i> | | |

Total raised in 2020? \$197,000 for The Valley Hospital in Paramus!

Ready to Renew for 2021? It’s never too early to renew your membership in *Women For Health*. Making your gift online is convenient and easy at www.valleyhospitalfoundation.org/give (Select “Women For Health” in the Designation drop-down list.)