How to make a Face Mask

Materials needed:
- 2 pieces of cotton fabric cut to size (9”x6” for adult, 7.5”x5” for child)
- 2 pieces of elastic 7” long

How to assemble:
1. Put fabric together with patterned sides facing each other.
2. Pin together.
3. Start at the center of the bottom edge and sew to the first corner but stop at ½” from end.
4. Put end of one piece of elastic inside the fabric and sew the fabric with the elastic inside to the corner. Be sure to go back and forth a bit over the elastic end to secure it.

5. Continue to sew the next edge (shorter edge) to the corner but stop at ½” from end. Sew the other end of the elastic inside the fabric to the corner. Be sure to go back and forth a few times to secure it.

6. Sew across the top edge (long edge) to the corner but stop at 1/2 “ from end.
7. Put end of one piece of elastic inside the fabric and sew the fabric with the elastic end inside to the corner. Be sure to go back and forth a bit over the elastic end to secure it.

8. Continue to sew the next edge (shorter edge) to the corner but stop at ½” from end. Sew the other end of the elastic inside the fabric to the corner. Be sure to go back and forth a few times to secure it.

9. Sew across the bottom edge leaving about 1.5” to 2” open from where you started.

10. Stop and cut the thread.
11. Turn the mask right side out.

12. On each shorter end, pin 3 tucks, all going in the same direction.

13. Sew around the tucks and edge of the mask twice.
14. The finished product will look like this.

To view the instructional video, go to
https://www.youtube.com/watch?v=9tBg0Os5FWQ&feature=youtu.be