

## Looking Ahead

Regretfully, the requirements of social distancing and our concern for everyone's safety necessitated the cancellation of our 2020 Annual Spring Luncheon. Fortunately, our planned guest speaker, best-selling author Cheryl Strayed, is working with us, and we hope to host her at the 2021 Annual Spring Luncheon. We'll share more information as plans are confirmed.



It is our hope that our Annual Meeting (to be held later this year) will continue as usual, but we are looking into virtual meeting options in case an in-person event is not possible. Again, we'll share more information as plans are confirmed.

"This amazing spirit of human solidarity must become even more infectious than the virus itself."  
 -WHO Director-General Tedros Adhanom

## #ValleyStrong

The past few weeks have presented unprecedented challenges for our community. Valley's employees and medical staff are working tirelessly to provide the best possible care to our region, creatively responding to specific needs as they arise, such as converting med/surg rooms into negative pressure rooms.

This crisis has reinforced the need for a new state-of-the-art healthcare facility in our community. A key feature of the new hospital will be single patient rooms and our ability to environmentally isolate single rooms or entire units with the touch of a button, enabling us to rapidly respond to situations like those we face today.

In times like these, we are reminded why Valley was established and why it is so important to have a first-class healthcare system and facilities close by to address the medical needs of our family, friends, and neighbors.

A special welcome to our newest member...  
*Tiffani M. Bakunas*

## *Intention*

Valley employees have received daily email updates since the beginning of this health crisis. These updates have included a "daily intention" to offer comfort and support during this difficult time. We offer the below intention to you, along with our best wishes for health and wellness...

*May you be blessed with clarity and purpose.  
 May your power be pure and bright.  
 May your compassion for yourself and others  
 be strengthened.  
 May your fears be decreased or used as a  
 guide rather than a block.  
 May your vessel be strong.*

## *Your 2020 Gift to Women For Health*

In January, we shared that the 2020 *Women For Health* collective grant will be designated to the state-of-the-art healthcare facility that Valley is building in Paramus. Becoming an early supporter of this vitally important project is in line with the mission of *Women For Health*, and a unique opportunity to mark our group's 10th anniversary. You can help make this an even more extraordinary grant **by making a special gift to Women For Health this year.**

In addition to renewing your membership with your annual gift of \$1,000, you are invited to make a supplementary gift of \$2,000 to *Women For Health* in recognition of our group's 10th anniversary. Please considering joining these members who have already made this additional gift:

<i>Petra Abdo Winterberg</i>	<i>Sandy Carapezza</i>	<i>Julie Epstein</i>
<i>Heidi Fink</i>	<i>Danielle Gaglioti</i>	<i>Barbara Gorga</i>
<i>Dana Hopper</i>	<i>Mary Meakem</i>	<i>Lya Pfeifer</i>
<i>Theresa Reis</i>	<i>Cipora Schwartz</i>	<i>Pat Sullivan</i>
<i>Doris Swenson</i>	<i>Susan Vallario</i>	<i>Linda Wasserstein</i>
<i>Susan Wortmann</i>		

*Our mission:* to create a network of philanthropic women who care about the quality of healthcare in northern New Jersey and choose to pool their social and financial resources to assist Valley Health System in providing the best possible healthcare.