



The Valley Hospital Foundation Newsletter

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Patient Room Mockup

Letter From the Chief Development Officer

David J. Bohan



As the first quarter of 2023 comes to an end, I find it hard to fathom that we are getting closer to opening The “New” Valley Hospital in Paramus. It is amazing to think back to our groundbreaking in November 2019 as we stared out at vast open space, the new hospital then only a plan on paper. Today, as we move toward the completion of construction this summer (followed by months of staff training), we have the finish line in sight. It really is a wonderful feeling.

We cannot wait to share all of the exciting things still to come. In the meantime, I hope you have taken a drive past the new campus to see the progress firsthand or taken one of our virtual tours of the site, which you can access through the QR code below. I’m thrilled to announce that the Auxiliary will host the 75th annual Valley Ball at the new hospital on Friday, October 27, 2023, and invite you to join us for this preview before the doors open for patient care. A once-in-a-lifetime event deserves equally superb entertainment, which is why we have booked Max Weinberg (Bruce Springsteen’s drummer) and his band for the celebration. Keep an eye out for ticket information and additional details to be shared soon!

With so much to look forward to in 2023, I also wanted to share some accomplishments that closed out a successful 2022. After almost a three-year drought of in-person activities, the Foundation held 21 events where people could interact face to face. This provided a tremendous boost to our ability to meet new people and was instrumental in helping us to raise \$13.4 million for the year, bringing our campaign total to \$110 million! Donor support of the *Serve. Care. Transform.* campaign continued to fuel our efforts to construct the new hospital, with more than 4,600 gifts, including several leadership gifts over \$1 million for the year. Meanwhile, at the Ridgewood hospital, Valley reached a milestone

with the birth of the 4,000th newborn at our Center for Childbirth. Never in Valley’s 71 years have we welcomed more babies into the world in a single year!

In this issue, we feature stories of Valley physicians giving to the campaign. They have long been philanthropic partners in helping the hospital move forward: assisting in building new facilities, advancing research, and creating new programs. When plans were announced for The Valley Hospital in Paramus, our most ambitious project to date, their response was eager and immediate. A medical staff fundraising goal of \$1 million was quickly surpassed and surpassed once again when it was raised to \$3 million. Now it stands at \$5 million, and we look forward to breaking through that level with this group of dedicated and hardworking individuals. As always, we are grateful for their commitment and support.

Sincerely,

A handwritten signature in black ink that reads "David Bohan".

David J. Bohan
Vice President & Chief Development Officer



Scan this QR code and join us on a virtual hard-hat tour and see the progress being made at the new hospital site!

Physician Support of *Serve. Care. Transform.* Campaign

The development of The Valley Hospital in Paramus represents a major investment in our future and in Valley's mission to enhance lives by healing, caring, and inspiring wellness.

The \$125 million *Serve. Care. Transform.* campaign in support of the project is the largest campaign in the Foundation's history, with the majority of donations coming from individuals in the community. Since fundraising began in 2018, Valley's own clinicians have stepped forward with philanthropic support, committed to helping write Valley's next chapter and providing exceptional healthcare for generations to come. "For almost 30 years, Valley has supported our practice every step of the way," explains campaign co-chair Dr. Michael Ietta of Bergen Anesthesia Group, who made a Leadership gift in 2021. "My colleagues and I are invested in making sure Valley is the best, both in and out of the clinical area, and are ready to do whatever we can to help the hospital advance and grow."

Valley's physicians have a rich history of philanthropy toward The Valley Hospital Foundation, often helping provide funding for programs, services, and capital projects throughout the System. Once again, their participation is making a significant impact on Valley's future.

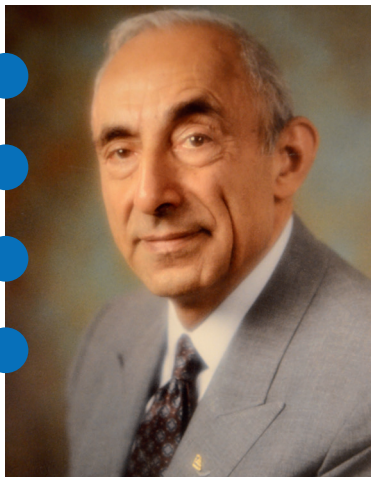
Physician Giving List

The following Valley physicians and their families have chosen to generously support the *Serve. Care. Transform.* campaign with gifts of \$25,000+:

- Drs. Rashid J. and Rola Baddoura
- Bergen Anesthesia Group
- Robert W. Brenner, M.D.
and Ms. Stephanie Edelson
- Drs. Chava and Ephraim Casper
- Dr. and Mrs. Allen Chinitz
- Dr. and Mrs. Anthony L. D'Ambrosio
- Dr. and Mrs. Allen M. Demby
- Dr. and Mrs. Frederick F. Fakharzadeh and Family
- Robert Galorenzo, D.P.M.* and Lisa Galorenzo
- Arthur A. Klein, M.D.
- Dr. and Mrs. William K. Lee
- Sharon and Kenneth A. Levitsky, M.D.
- Angela and Peter A. Luongo, M.D.
- Gail M. Matthews, M.D.
- John W. Maun, M.D.
- Thomas F. McGuire, M.D.*
- Audrey Meyers and Scott W. Agins, D.P.M.
- Deepti Mittal and Suneet Mittal, M.D.
- Dr. and Mrs. Thomas J. Rakowski
- Radiology Associates of Ridgewood
- Edward Self Jr., M.D.
- Frederick Steinberg, M.D. & Judith Steinberg
- Dr. and Mrs. Elias Tsoukas
- Valley Emergency Room Associates
- Drs. Sheila and Joseph Yallowitz
- Joseph A. Yuppa, M.D.

(*) deceased

Fakharzadeh Family Makes Memorial Gift in Support of Campaign



Mehdi Fakharzadeh

Since arriving at Valley in 1987, Frederick (Fred) Fakharzadeh, M.D. has had a front-row seat to the hospital's growth and transformation. "When I started, the operating rooms were on the 2nd floor of the Phillips building, before moving to their current location," he explains. Another big change came in 2002 with the opening of the Luckow Pavilion, Valley's same-day surgery center. "As a hand surgeon, it's where I've done the majority of my cases for over 20 years. It's another tremendous facility that has been great for both patients and doctors," he says. It's from the dictation suite at Luckow that he has watched The Valley Hospital in Paramus, just across Winters Avenue, come to life.

During a recent tour of the new hospital site, the longtime Valley physician couldn't help but think of the future. "You can see how the facility is built for flexibility and how we are going to be able to optimize patient care – it's just amazing," he says with a smile. "To have had the opportunity to go 'behind the scenes' and get a full picture of the planning process and see how it's all getting made, I'm just incredibly grateful."

Raised in Teaneck and a resident of Oradell, he has served patients in the community for 36 years. For Dr. Fakharzadeh, Valley is also where his own loved ones have received care, including his father, Mehdi. "My dad was in the life insurance industry with MetLife for 60 years and didn't retire until he was 91," he says. His father touched so many lives that Dr. Fakharzadeh describes more than one occasion when, noticing the name on his badge, someone in an elevator at the hospital would ask if he was related to Mehdi Fakharzadeh. "He loved what he did. Loved going to work every day and loved his clients. He really was so committed," he says proudly. In his father's later years, visits to Valley became more frequent. "It's never easy, but I knew he was receiving care from my colleagues, who treated him as family. It's what makes Valley so special."

Mehdi Fakharzadeh passed away in 2019; in his honor, the Fakharzadeh family has chosen to make a Leadership gift to the campaign for the new hospital and name the outdoor terrace in his memory. "My father always had an affinity and high regard for the medical field, and he was also always one to dream big. Combine that with the wonderful experience he had at Valley and our desire to be part of the campaign, and it all jelled for us to make this gift." The terrace, Dr. Fakharzadeh explains, was a perfect choice. "Not only did my father love gardening, but he would have loved that this will be an area of the hospital that can be enjoyed by everyone."

When reflecting on his father's legacy, he comes back to the idea of family. "My parents instilled in us that if you are in a position to help, at any level, it's something you should do," he says. "To think about what this new hospital means for the community and for our Valley family, my family is grateful to be a part of it."

Mittals' Generous Gift to Support Electrophysiology Services at New Hospital



Suneet Mittal, M.D. and Deepti Mittal

"We made a gift to the campaign as a sign of our commitment to all patients receiving care at Valley and to the new hospital project," explains Suneet Mittal, M.D., Director of Valley's Electrophysiology Program and Associate Chair of Cardiology.

Since joining Valley in 2011, Dr. Mittal has been an integral member of cardiovascular services, conducting world-class clinical research and pioneering innovative treatments and procedures with colleagues: "Throughout my career at Valley, I have been fortunate to work alongside some of the most dedicated, accomplished, and considerate clinicians while spearheading cutting-edge initiatives," he says, reflecting on the last 12 years in Ridgewood.

This has included establishing the Snyder Center for Comprehensive Atrial Fibrillation in 2015, where Dr. Mittal works with the region's leading team of doctors specializing in treating heart rhythm abnormalities. There his accomplishments have included launching AI-related initiatives like Deep6 AI, which uses sophisticated machine learning to screen electronic medical records to identify patients who may be best suited for either clinical or research-based interventions.

"We have a robust cardiovascular program at Valley that is known for its depth of experience and multidisciplinary team approach to care," Dr. Mittal says. "What the new facility in Paramus allows us to do is take advantage of that team-based care and provide an even better experience for our patients and families." Having toured the site recently with his colleagues, he was amazed. "What I saw that day is something that is well-equipped to carry us for decades going forward. Just the size and scope of the new hospital will allow us to head into 2030 and beyond without any restrictions."

Suneet and his wife, Deepti, have chosen to direct their campaign gift to support electrophysiology services at the new hospital and have offered to match gifts from grateful patients and supporters up to \$100,000. They hope that their contribution along with that of others will help the electrophysiology program continue to achieve its stated mission "to deliver evidence-based, patient-centered, team-directed healthcare."

MRI Suite in Paramus to Be Named in Honor of Thomas F. McGuire, M.D.

"Tom was a great physician, a real gentleman, and most importantly, very kind," Jack Maun, M.D. remembers. Thomas F. McGuire, M.D. was born in the Bronx in 1938 and served as a commissioned officer in the United States Army. A graduate of New York Medical College, he completed a residency in internal medicine before going on to specialize



Thomas F. McGuire, M.D.

in radiology. The late Valley physician was a founding member of Radiology Associates of Ridgewood, a partner to the hospital since 1970.

Before his passing, Dr. McGuire generously arranged for an estate gift to The Valley Hospital Foundation of more than \$1 million, ensuring that his personal commitment to the hospital continues. In appreciation of his long esteemed career, the MRI Suite will be named in his honor at The Valley Hospital in Paramus.

Valley Signs Monumental Environmental Pledge

Valley Health System has joined over 800 U.S. hospitals and thousands of other organizations across the country in signing the Health Sector Climate Pledge. In partnership with the White House, the U.S. Department of Health and Human Services developed this initiative to mobilize the U.S. healthcare sector in driving down greenhouse emissions, improving the environment, and helping focus industry response to climate challenges. In addition to reducing their carbon footprint, signatories also commit to producing detailed plans to prepare their facilities for both chronic and acute catastrophic climate impacts.

Valley has specifically pledged to, at minimum, reduce organizational emissions by 50% by 2030 and achieve net zero by 2050; publicly report on progress; designate an executive-level lead for their work; conduct an inventory of Scope 3 (supply chain) emissions by the end of 2024; and develop and release a climate resilience plan for continuous operations by the end of 2023. More than 1,080 federal and private sector hospitals have made such commitments, together representing over 15% of U.S. hospitals.

For many years, Valley's long-standing commitment to sustainability has been recognized by national organizations, including Practice Greenhealth, the nation's leading organization dedicated to environmental sustainability in healthcare. In Paramus, sustainability has been a key guiding principle for the construction of Valley's new hospital. The campus will include a cogeneration plant that will produce anywhere from 35%-45% of the building's power; as a result, Valley anticipates about 9,000 tons in carbon emissions reduction. Valley also anticipates that the new hospital will achieve gold-level status for Leadership in Energy and Environmental Design (LEED) certification in several categories, including space usage, water conservation, and use of natural light.

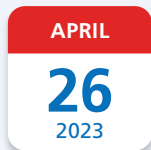


To learn more about Valley's commitment to green initiatives, please visit **ValleyHealth.com/Green**

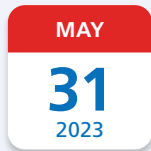


The Auxiliary's Allendale branch kicked off the new year with its annual comedy night fundraiser at The Brick House on January 27. One hundred guests enjoyed comedian Robin Fox, a silent auction, a 50/50 raffle, and a wine cork raffle and raised close to \$10,000.

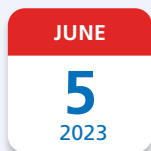
SAVE THE DATE — Mark your calendar!



On April 26, 2023, the Auxiliary will be hosting its Second Annual Vegas Night at the Indian Trail Club. The event will feature gourmet food stations, great prizes, a silent auction, a 50/50 raffle, and various games, including blackjack, roulette, craps, poker, Texas Hold'em, and more. For more information on the event, please visit <https://www.valleyhealth.com/services/auxiliary/vegas-night>



The Auxiliary's Saddle River branch will host its Annual Spring Luncheon – Fashion for Philanthropy. Featuring honorary guest speaker Fern Mallis, the award-winning creator of New York Fashion Week, the luncheon will take place on May 31, 2023, at The Tuxedo Club in New York. For more information, please email auxiliary@valleyhealthnews.com



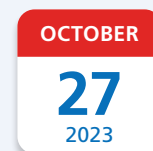
The 50th Annual Valley Hospital Auxiliary Golf Outing will take place June 5, 2023, at The Ridgewood Country Club. Enjoy a great day of golf on a championship course, delicious lunch, and a spectacular cocktail hour and dinner. This event sells out early, so be sure to reserve your spot no later than May 19, 2023! For more information on the event, please visit <https://www.valleyhealth.com/services/auxiliary/auxiliary-golf-outing>



**3rd Annual Sporting
Clays Classic,**
Hudson Farm Club



The Valley Hospital
Auxiliary/Terri
Roemer Paramus Run



**The Valley Ball at
The Valley Hospital**
in Paramus

Proceeds from Auxiliary events support the Auxiliary's pledge of \$3.1 million to establish the Pediatric Section of the Emergency Department of The Valley Hospital in Paramus and to support the endowment for Valley Home Care's Butterflies, a pediatric in-home palliative and hospice care program for seriously ill children.

For more information, please visit: www.ValleyHealth.com/Auxiliary

AWARDS & ACCOLADES



The Valley Hospital has been named one of America's 100 Best Hospitals for 2023 by Healthgrades. For the first time, Valley is among an elite group of 100 hospitals – the top 2% of hospitals nationwide – recognized for exceptional patient outcomes and clinical excellence and one of just three hospitals in New Jersey – and the only hospital in Bergen County – to earn a spot on this prestigious list.



For a fifth consecutive time, Valley has earned the prestigious Magnet Recognition from the American Nurses Credentialing Center, the highest honor an organization can receive for professional nursing practice. Valley is one of 33 Magnet organizations in New Jersey and among the 5% of all Magnet hospitals that have earned a fifth designation.



Audrey Meyers, President and CEO of Valley Health System, has been named to the *ROI-NJ Influencers: Power List for 2023*. The annual list recognizes forward-thinking leaders in business, politics, healthcare, and more who are shaping New Jersey's future. Audrey earned spot number 23 in the "Super 60" category for her many accomplishments as one of the longest-serving CEOs in the state, including at Valley's new state-of-the-art healthcare destination in Paramus.



Josh Gregoire, MS, MPH, RN, NEA-BC, Assistant Vice President of Quality/Performance Improvement and Valley Medical Group Clinical Operations, has received the 2022 Innovations in the Continuum of Care Award by the Organization of Nurse Leaders of New Jersey (ONL NJ). Josh was recognized for his leadership in Valley's COVID-19 community vaccination and testing programs as well as Valley Medical Group's Center for Diabetes Management.



Rebecca Basso, DNP, RN, CEN, CPEN, EMT-B, HN-BC, NEA-BC, Director of the Emergency Department and Emergency Services at The Valley Hospital, has been recognized by the Emergency Nurses Association (ENA) as one of its "20 Under 40" for 2022. Rebecca was one of two nurses from New Jersey to earn a spot on this national list.

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