

## 2018 DONOR REPORT



**YEARLY  
CHECK UP**

**PRESENTED WITH  
GRATITUDE TO**

*The valley community*

The Valley Hospital has received the **Patient Safety Excellence Award** from **Healthgrades**. Valley is among the top 10 percent of hospitals nationwide, and the only hospital in Bergen County to receive this distinction for four consecutive years.



Dear Friends,

You are vital to Valley. Supporting critical areas that enable us to be the healthcare provider of choice in the region clearly means that *you are making a difference*.

Valley's longstanding commitment to ensuring patient safety and high-quality care is earning itself a reputation in excellence, both regionally and nationally.

- ✓ The Valley Hospital has been named one of the world's best hospitals by *Newsweek* in its inaugural World's Best Hospitals 2019 list. Valley is one of only five N.J. hospitals and 250 U.S. hospitals featured on the list, and is ranked as the 104th best hospital in the U.S.
- ✓ Valley is a four-time recipient of the prestigious Magnet Designation for Nursing Excellence from the American Nurses Credentialing Center.
- ✓ Healthgrades named Valley one of *America's 250 Best Hospitals*, placing us among the top 5 percent of hospitals nationwide for superior clinical performance.



Your philanthropy has helped us in our mission of providing the very best healthcare to the community, and we are grateful for your support. Please join us in celebrating another successful – *and healthier* – year at Valley.

Sincerely,

A handwritten signature in black ink that reads "Audrey Meyers".

Audrey Meyers  
President and Chief Executive Officer  
The Valley Hospital & Valley Health System



Dear Friends,

In the following pages of The Valley Hospital Foundation's annual philanthropic "Check-up," we feature the many Valley programs and services that have been impacted through the generosity of our donor community. In 2018, Valley made significant strides in improving the health and wellness of our community, and philanthropy played a significant role.

We are immensely grateful for these gifts, which enable Valley to continue to offer patients vital new programs and the latest in medical technology. With continued support, we will build a modern, state-of-the-art hospital in Paramus that will serve as the center of a comprehensive health and wellness destination for this region.

Thank you for your support of Valley.

Sincerely,

A handwritten signature in black ink that reads "David Bohan".

David Bohan  
Vice President & Chief Development Officer  
The Valley Hospital Foundation



Valley has been recognized as one of America's 100 Best Hospitals for General Surgery for 2019 for superior clinical performance in general surgery, placing Valley among the top 5 percent in the nation for this specialty.

The Valley Hospital has been recognized as one of America's Best Hospitals for Cancer Care by the Women's Choice Award® for its dedication to providing exceptional patient care and treatment.



Valley's Nurse Navigators help patients find the quickest access to care, and remain by their side as inside advocates through the entire cancer journey – from diagnosis, through treatment, and into survivorship!



## ONCOLOGY



COMPREHENSIVE CANCER CARE

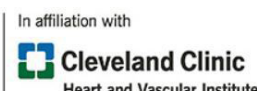
Last year, **Valley-Mount Sinai Comprehensive Cancer Care** partnership had several standout moments, including:

- ✓ Establishing the *Valley-Mount Sinai Head and Neck Institute*.
- ✓ Introducing breast intraoperative radiation therapy to women with early-stage breast cancer, providing the option to deliver a full course of radiation in a single dose at time of surgery.
- ✓ Treating patients diagnosed with prostate cancer with the most advanced radiation technology *in only five treatments*.
- ✓ Offering more *Patient and Nurse Navigators* who support, coordinate care and guide patients through each phase of treatment.

Valley is a **Healthgrades** Five-Star recipient for heart failure and pacemaker procedures in 2019.



## CARDIOLOGY



Because of the kind-hearted contributions directed towards Valley's award-winning cardiology program, *The Valley Hospital Heart and Vascular Institute* continues thrive and evolve. This year, Valley:

- ✓ Performed more transcatheter aortic valve replacement (TAVR) procedures than any previous year through Structural Heart Program.
- ✓ Continues to deliver excellent patient outcomes using The MitraClip®, a minimally invasive treatment alternative for patients who are high risk for surgery experiencing symptomatic degenerative and functional mitral valve regurgitation.
- ✓ Broadened the partnership with *Cleveland Clinic's Sydell and Arnold Miller Family Heart & Vascular Institute*, the nation's #1-ranked heart care facility.
- ✓ Established the new *Cardiovascular Imaging Program*
- ✓ Celebrated the 30th anniversary of its award-winning cardiac surgery program.

**Valley's Cardiac Screening Program** explores gender-specific risk factors not conventionally considered in a physical exam, including preeclampsia, gestational diabetes and polycystic ovary syndrome, as well as depression, sleep apnea, stress, rheumatoid arthritis and other factors.

Valley Health System has been designated as a “2018 LGBTQ Healthcare Equality Leader” by the Human Rights Campaign Foundation, the educational arm of the nation’s largest lesbian, gay, bisexual, transgender and queer (LGBTQ) civil rights organization. Valley is proud to be a leader in respectfully caring for all of its community.



## NEONATAL INTENSIVE CARE UNIT

In 2018, Valley staff provided the highest level of care for 414 acutely ill newborns admitted to Valley’s Level 3 18-bed NICU nursery. Gifts towards Valley’s NICU support this unit’s high quality family-centered care.

Thanks to the overwhelming generous support towards a Family Nurture Intervention program within Valley’s NICU, Valley’s compassionate staff can continue to foster an emotional connection between parent and infant as part of an evidence-based effectiveness research trial. This original research may lead to more maternal caregiving behaviors, and decreased anxiety and depression. This intervention may lead to significant neurodevelopmental improvements in the



population, such as fewer attention problems, better cognition and language proficiency, and lower risk for autism spectrum disorders.

The Valley Hospital has been named one of America’s 100 Best Hospitals for Patient Experience by the Women’s Choice Award program. This is the sixth consecutive year that Valley has received this award.



## VALLEY HOME CARE



Last year, through philanthropy, Valley further enhanced Valley Home Care’s award-winning services for more patients with life-limiting illnesses by:

- ✓ Expanding the *Butterflies* program to develop *Wings of Compassion*, which is providing support, compassion and hope to grieving parents suffering from perinatal loss, including miscarriage, stillbirth or death of a newborn. Since one in every 5 pregnancies ends in perinatal loss, the need is great. Already, many patients are benefiting from this imperative service which is the *only one of its kind* in the state of New Jersey.
- ✓ Forming a larger team of specially trained nurses, chaplains, social workers, home health aides, rehabilitation therapists, office staff, end-of-life doulas and friendly volunteers to better assist the rising number of patients seeking care through Valley Hospice.

Philanthropy has helped Valley continue to meet the aging community’s need for high quality care at home. A generous gift last year was the catalyst in establishing our new *Music Therapy Program*, where a Board Certified Music

Therapist helps patients on hospice address various physical, emotional, cognitive and social issues through musical intervention.





Valley holds **8 Disease-Specific Certifications** from **The Joint Commission**, also known Gold Seals of Approval, in the following clinical areas: perinatal care, acute myocardial infarction, heart failure, total hip replacement, total knee replacement, stroke, chronic obstructive pulmonary disease (COPD) and wound care.

For the fourth consecutive time, The Valley Hospital achieved the prestigious **Magnet** recognition – *the highest national honor for professional nursing practice.*



## EDUCATION AND RESEARCH

When we learn, we grow, and with the support of our donors and our Education and Research Programs, we all grew together in 2018 by:

- ✓ Sending dozens of staff members throughout Valley Health System to local, national and international conferences to learn the latest discoveries and best practices. What they learned, they shared back home to enrich the wider Valley community.
- ✓ Helping Valley nurses maintain their *Oncology Nursing Certification Corporation* (ONCC) certification.
- ✓ Conducting groundbreaking research in the areas of non-syndromic mitral valve prolapse, and the role of circulating and tissue biomarkers for Bicuspid Aortic Valve Disease.
- ✓ Challenging our community to achieve healthier lifestyles together through an array of preventative/educational initiatives. Valley's Community Health program reached 18,781 people through 635 programs focused on fit lifestyle choices.
- ✓ Conducting Valley's annual Weight Loss Challenge in Paramus, Fair Lawn and Ridgewood, completed by 147 people. We are proud that many rose to the occasion, with 15% of the participants lowering their A1C and 20% lowering their Total Cholesterol.



## WOMEN AND CHILDREN'S SERVICES



Valley's *Women and Children's Services* provides the northern New Jersey community a wide spectrum of services, including reproductive endocrinology, in vitro fertilization, breastfeeding assistance and pediatric speech therapy. Philanthropy helped Valley achieve the following:

- ✓ The *Kireker Center for Child Development* conducted more than 16,000 therapy sessions.
- ✓ In January of 2018, Valley announced the appointment of Cristina Saiz, MD, as Medical Director of Female Pelvic Medicine and Reconstructive Surgery (urogynecology) at Valley Medical Group.
- ✓ *Maternal-Fetal Medicine* saw more than 20,000 patients with a record number of women receiving in vitro fertilization treatment.



The *Women's Choice Award* program identifies the nation's best in health care based on female patient satisfaction, clinical excellence and what women say they want when it comes to treatment and a quality medical experience. In 2018, they named Valley one of America's Best Breast Centers and Stroke Centers, as well as one of America's Best Hospitals for Cancer Care, Obstetrics and Bariatric Surgery.

# PLATINUM LIFETIME BENEFACTORS

DONORS WHOSE  
CUMULATIVE LIFETIME  
GIVING IS \$5 MILLION  
OR MORE

The Valley Hospital Auxiliary

The Bolger Foundation

Helen Snell Cheel

Dorothy B. Kraft

The Luckow Family

Mr. and Mrs.

Lawrence P. Marron

The Okonite

Company, Inc.

Charles and Susan Snyder

Anonymous

Valley Health System Employees  
(Annual Campaign)



**46,228**  
ADMISSIONS

VALLEY CONTINUES TO BE AMONG  
THE BUSIEST HOSPITALS IN THE STATE,  
COMING IN THE TOP 5 ACCORDING  
TO NJBIZ RANKINGS

## 2018 STATISTICS

### Number of Employees ..... 5519

Valley Health System (specific) Employees .....	277
The Valley Hospital.....	3634
Valley Home Care .....	432
Valley Medical Group.....	1176

### The Valley Hospital

Admissions.....	46,228
Babies Born.....	3,243
Neonatal ICU Admissions.....	414
Cardiac Catheterization Lab Procedures*.....	4,523
Cardiac Surgery Procedures .....	294
Emergency Department Visits .....	69,521
MICU Dispatches.....	9,571
Radiation Therapy Procedures** .....	12,606
Total Joint Replacements.....	984
Endoscopy Procedures .....	10,671
Community Care Visits.....	6,787
Same Day Surgeries.....	8,695
Physicians (all categories) .....	1,068
Volunteers.....	1,350
Auxilians .....	800
Volunteer Hours .....	153,831

### Valley Home Care

Total Patient Visits.....	273,659
Maternal/Child Health Nursing Visits.....	1,795
Hospice Nursing Visits .....	23,203
Rehabilitation Visits .....	86,121
Telemanagement Installations .....	828
Bereavement Support Group Attendance.....	1,063
Special Bereavement Program Attendance.....	147
Art Therapy Attendance (Journeys) .....	422
Diabetes Self-Management Program Participants .....	33

### Valley Medical Group

Number of Specialties .....	63
Number of Locations.....	86
Number of Providers <sup>†</sup> .....	382
Number of Patients Served.....	216,215

\* Cardiac Cath Procedures (including Caths, Angioplasty, Rotablator, IVUS, Peripherals, TAVR, MitraClip, Watchman, Valvuloplasty, ASD/PFO, Ablations, EP Studies, ICD's, Loop Recorders, Pacemakers, Convergent, Lariat, Laser Lead Extractions)

\*\* Radiation Therapy includes Tomotherapy (2007 to present). Gamma Knife procedures not included.

<sup>†</sup> Includes physicians, physician assistance and nurse practitioners.



**3,243**  
NEWBORNS  
DELIVERED  
IN 2018



**273,659**  
TOTAL  
PATIENT VISITS  
BY VALLEY  
HOME CARE



VALLEY MEDICAL  
GROUP SERVED  
**216,215**  
PATIENTS AT  
86 LOCATIONS



## YOUR NEW VALLEY HOSPITAL

In order to fulfill its mission of providing the highest quality healthcare services to the community, Valley is planning the most fundamental development in its recent history – *the creation of The New Valley Hospital*. This project will allow Valley to build upon its tradition of exceptional care and compassionate service, and philanthropy is playing a critical role.

When the Paramus campus is complete in 2023, it will serve as northern New Jersey's comprehensive healthcare destination, meeting the needs of the community far into the future. Located in close proximity to the area's major highways, this site is easily accessible to its entire coverage area of northern New Jersey and parts of New York. The state-of-the-art facility will incorporate the latest innovations and advancements in medicine and technology to provide world-class healthcare to the community.

The Hospital will have three Pavilions – one for Women and Children, and two medical-surgical, as well as diagnostic and interventional space where the Emergency Department, imaging, and operating and procedural rooms will be located.

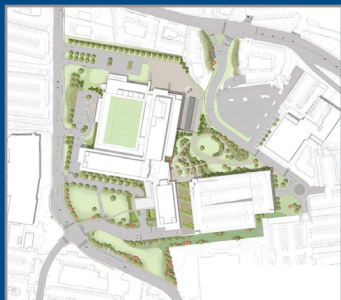
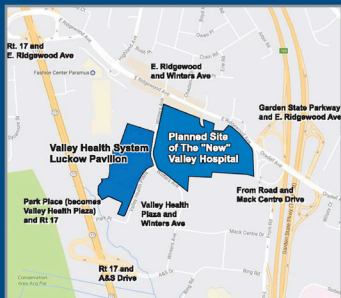
The Hospital will be built with single-patient rooms to enhance patient privacy, safety and comfort. These new rooms will also provide ample space for clinical staff members to work directly with patients and their families.

With a flexible design, The New Valley Hospital will be capable of adapting to new and emerging care models as healthcare continues to evolve. Valley's doctors, nurses, technicians and staff have been an integral part of the design, spending time "walking" through key spaces to modify design to best suit their needs.

This site will bring to Paramus a significant amount of green space featuring a park-like setting with many walking paths, lawns and gardens. Valley's commitment to a sustainable and healthy environment includes planning, constructing, operating and maintaining the new facility using "green" or environmentally friendly principles and processes.

With Paramus Planning Board approval and the design approvals necessary from the New Jersey Board of Health, we look to break ground by early 2020 and open in 2023.

Your philanthropy helps the vision for The New Valley Hospital – *your new hospital* – become reality.



1 The Paramus campus is well-suited for a comprehensive health and wellness campus. From Route 17, the Garden State Parkway, East Ridgewood Avenue, A&S Drive and From Road, this site is convenient to serve our entire coverage area in northern New Jersey and parts of New York.

2 The new Hospital is situated across the street from the Robert and Audrey Luckow Pavilion – home to Valley's comprehensive cancer and same-day-surgery center; and adjacent to 140 East Ridgewood Avenue, a recently purchased building. These three buildings will comprise a campus of 40 acres – nearly three times the size of the current Ridgewood campus. The Paramus site includes a parking deck and an expansive amount of green space.

3 The view of the entrance from Winters Avenue, directly across from the Luckow Pavilion. The *Women's and Children's Pavilion* is situated on the right, and one of the two medical-surgical Pavilions on the left side.

4 A closer view of the main entrance of the new facility, illustrating the porte-cochère which will provide guests protection from the elements upon arrival and departure. Also shown is the glass enclosed design of the two story lobby.

5 Viewed from the approach from 140 East Ridgewood Avenue. Patients, families, and community members will enjoy the "see-through" design in the center, providing a striking view from one end of the campus to the other.



**PRESENTED WITH GRATITUDE TO**  
*The Valley Community*



**THE VALLEY HOSPITAL FOUNDATION**

223 North Van Dien Avenue

Ridgewood, New Jersey 07450

201-291-6300

[www.ValleyHospitalFoundation.org](http://www.ValleyHospitalFoundation.org)