



# GIVING THAT HEALS: **YOUR IMPACT IN ACTION.**



# MESSAGE FROM LEADERSHIP.

Dear Friends,

This year, Valley Health System celebrates its 75th anniversary – 75 years of providing high-quality, compassionate care to patients in the communities we serve. As we look ahead to Valley’s bright future, we also honor Valley’s past and the culture that has allowed us to reach this point.

This past year has been one of great change for Valley Health System. Following The Valley Hospital’s historic move from Ridgewood to Paramus in 2024, we celebrated our first full year in our new home – and what a year it was!

In 2025, Valley saw nearly 32,000 inpatient hospital admissions, cared for more than 81,000 emergency department visits, and welcomed our newest community members into the world with a record-breaking 4,459 births. We expanded our offerings on our Paramus campus, bringing additional services to the hospital, as well as to our medical arts facilities. We also opened a new campus in Montvale at 400 Market Street. The first phase is a comprehensive Musculoskeletal Center, bringing specialty services, outpatient rehabilitation, and diagnostic imaging close to home for people in the area.

We also repurposed our Ridgewood campus into a thriving outpatient destination, expanding Valley’s total ambulatory footprint to serve our community’s needs.

We invested in training future Valley doctors, establishing the Office of Academic Affairs to house Valley’s Graduate Medical Education programs. In 2025, Valley welcomed its first class of surgical residents, as well as its second class of internal medicine and OB-GYN residents. We just matched fully in all three residencies, and I am excited to share that we were approved for fellowships in Cardiology, Hematology-Oncology, and Palliative Care – with more in the works – in collaboration with Mount Sinai’s Icahn School of Medicine.

The philanthropic support of our community has been tremendous and has allowed Valley to grow, thrive, and innovate to meet the needs of our region. Your generosity has made a difference for each and every patient who walks through our doors.

While Valley Health System looks quite different today than it did decades ago, what remains the same is the dedication to providing the expert, compassionate care our patients expect and deserve.

We are honored by the trust you place in us to care for you and your loved ones. Thank you for your commitment to Valley’s next chapter.

Sincerely,



*R. W. Brenner*

**Robert Brenner, MD, MCH, FACHE**  
President & CEO  
Valley Health System

Dear Friends,

The past few years have been transformative for Valley Health System, and for patients in the communities we serve. The opening of our new, state-of-the-art hospital in Paramus marked the beginning of a new era in healthcare for our region and set the stage for Valley’s next chapter.

In 2025, our health system embraced innovation, expanded access to high-quality care, and nurtured the culture of compassion for which Valley is known. This progress would not have been possible without the philanthropic support of our community, and the generosity of donors like you.

With your support, The Valley Hospital Foundation raised nearly \$9.5 million in 2025, investing in the programs, services, technologies, and people that advance care and save lives. The spirit of philanthropy has been woven into the fabric of our organization since its earliest days, and we are honored to continue that tradition for generations to come. Because of community members like you, we are able to transform and advance care. Philanthropic support enables a world of possibilities for our health system, and for people in our region.

In the pages of this report, you will read about philanthropy’s impact on lifesaving new technologies integrated into the standard of care at Valley; transformative research that is helping to find the cures of tomorrow; and services that directly impact our patients and their loved ones.

While we offer a look back at the successes of the past year, I am also excited about the opportunity to look ahead to the promise that Valley’s future holds – one that supports our community with the care and resources our patients need, when and where they need them.

Thank you for the role you play in building Valley’s legacy today, tomorrow, and long into the future.

With gratitude,



*David J. Bohan*

**David J. Bohan**  
Vice President and Chief Philanthropy Officer  
The Valley Hospital Foundation

# HELPING MEET THE GREATEST NEEDS.

At The Valley Hospital Foundation, gifts of all sizes make an impact on our patients, our health system, and the communities we serve. A gift to Valley can support a specific service line, program, or initiative, or it can be designated to support Valley's Areas of Greatest Need to benefit Valley's most pressing priorities today.

The Valley Hospital has consistently been recognized for clinical excellence and quality, named one of the World's Best Hospitals by Newsweek and earning a place on Healthgrades' America's 100

*Best Hospitals* list. Your support helps our organization focus on safety, excellence, and a high-quality patient experience for each and every patient.

Gifts to Areas of Greatest Need allow Valley the flexibility to invest in the initiatives and improvements that are of the highest priority, and to do so without delay. We are grateful for your gifts to this area of support, the trust you place in us, and the transformation and impact that your gifts enable.



## The Valley Heart & Vascular Institute.

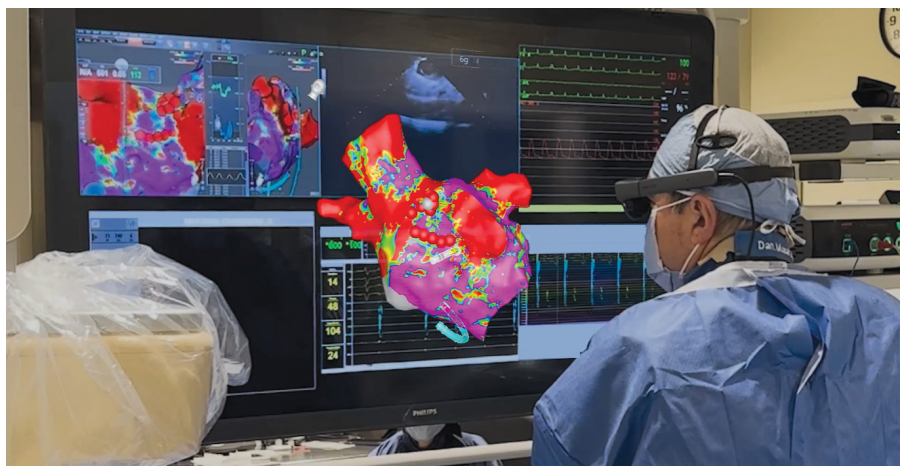
Valley Health System's Heart and Vascular Institute experienced tremendous growth in 2025, expanding its programs and services, and implementing leading-edge technologies to ensure the highest level of cardiovascular care for patients across our region. Generous philanthropic support enhanced these efforts, paving the way for the following advancements:

- A generous gift from Barry and Isabel Knispel enabled the establishment of the Knispel Center for Comprehensive Cardiomyopathy Care, allowing Valley to provide team-based care to patients with advanced heart failure, pulmonary hypertension, and hypertrophic cardiomyopathy.
- The Valley Hospital introduced the EggNesi™ Protect system, a radiation protection system designed to reduce scatter radiation and improve workplace safety for clinicians who work in Valley's cardiac catheterization and electrophysiology labs. Supported

by a \$300,000 gift from the Edward W. and Stella C. Van Houten Memorial Fund, this initiative reaffirms Valley's commitment to safety.

- Valley introduced artificial intelligence-guided ablation using the Volta AF-Xplorer II system, using AI to help identify abnormal heart signals during cardiac ablation for atrial fibrillation. The system analyzes complex data in real-time to identify treatments, resulting in better patient outcomes. Valley plans to expand its use of this technology in 2026.

- Valley's annual Step Up for Valley fundraiser, led by Foundation trustee Jeff Seidler, raised funds to support Valley's Cardio-OB initiative, an effort to screen and treat pregnant and postpartum mothers with hypertensive disorders in pregnancy.
- Valley is committed to collaboration and education, hosting the 9th Annual Comprehensive Cardiovascular Disease Management Symposium, bringing together nearly 300 healthcare professionals to share the latest innovations and technologies.



## NICU.

The Valley Hospital's Level III Marron-Manginello Neonatal Intensive Care Unit (NICU), located in the Audrey Meyers Family Care Pavilion, cares for our region's tiniest and most vulnerable patients in an environment committed to patient-focused and family-centered care.

Valley's NICU features 24 private and semi-private rooms, accommodating the NICU's nearly 500 admissions in 2025. The Valley Hospital saw an increase in births in 2025, with deliveries surpassing 4,300. The NICU team grew to include a sixth board-certified neonatologist to support the expanded NICU volume.

State-of-the-art equipment and technology support the NICU's clinical teams as they provide care, and donor support has enabled ongoing training for the NICU team's nurses and staff. In addition, parents of NICU patients are reassured by having an AngelEye camera on each infant's isolette, allowing continuous visual access to their baby when they are unable to be at the bedside physically.

An important member of Valley's NICU team is the dedicated Family Support Specialist, who serves as a liaison for NICU families as they navigate what can often be a long and emotional NICU stay. The Family Support Specialist, whose role is funded by generous philanthropic

support, offers everything from day-to-day guidance to coordinating birthday celebrations and holiday festivities to celebrate milestones and inspire a sense of normalcy for families.

The NICU also hosts annual events such as the Camp NICU fundraiser and the NICU Trunk or Treat, bringing together hundreds of NICU graduates.



## Women For Health.



» Membership is open to all women. Visit [www.valleyhospitalfoundation.org](http://www.valleyhospitalfoundation.org) and click "Get Involved" to learn more.

Members of Valley's *Women For Health*, a giving circle comprised of community-minded female philanthropists, has dedicated more than \$1,903,000 to make an impact across Valley Health System since its inception in 2011.

*Women For Health's* 150+ members each contribute an annual gift of \$1,000 and gather to review grant proposals, participate in active discussions, and vote on one recipient of their collective grant annually.

In 2025, *Women For Health* awarded \$175,000 to support a Valley initiative to address chronic pain through an innovative

virtual reality (VR) therapy approach. The technology repurposes advanced VR gaming technology for healthcare, creating a therapeutic experience for people in pain. The approach features a series of home-based treatment protocols that blend cognitive therapy, mindfulness, pain neuroscience, and more to help retrain how patients' brains respond to pain.

In 2024, the members of *Women For Health* awarded a \$130,000 grant to support efforts to increase cultural competencies around LGBTQ+ care for providers across Valley Medical Group.

## LGBTQ+ Services.

Valley Health System is dedicated to providing comprehensive and affirming healthcare services that promote the health and wellbeing of all members of the LGBTQ+ community. In 2025, philanthropic support from Valley's *Women For Health* group accelerated Valley's efforts.

Eight interactive, AI-powered video simulation modules were developed for physicians, advanced practice providers, and nurses to immerse clinicians in real-world scenarios. More than 300 providers participated in this training and built confidence and competence in delivering respectful, affirming care.

The grant expanded Valley's engagement and awareness efforts, establishing a presence at local Pride events, launching monthly Pride Rounds to sustain ongoing education among staff, and producing a compelling Trans Health 101 training

video to spark meaningful conversations among over 450 staff participants.

A separate philanthropic gift funded the expansion of simulation training to non-clinical staff, ensuring that inclusive care is embraced system-wide.



## Emergency Services and Critical Care.



The Bolger Emergency Department at The Valley Hospital is prepared to handle any type of emergency, with physicians who are board certified in emergency medicine and specialty trained nurses and clinical teams.

The Valley Hospital's emergency department cared for a record number of patients in 2025, serving 81,652 emergency department visits (62,701 adult and 18,951 pediatric) – the highest on record in Valley's history.

Philanthropic support in 2025 enabled the purchase of supplies to better serve

patients with sensory or behavioral health needs, as well as to fund ongoing staff training. A generous gift from the Aaron and Rachel Meyer Memorial Foundation will support the addition of a new paramedic vehicle in 2026, growing Valley's current fleet of 20 emergency and non-emergency vehicles. The paramedic and ambulance teams responded to 19,562 calls in 2025, an increase from the previous year, and supported Valley Health System – Ridgewood Campus' 28-bed Observation Unit.

## Research.

Valley Health System has an award-winning research program through the Okonite Research Center, home to Valley's research and clinical trials program. Valley's research teams are committed to breakthroughs that lead to the development of new, safe, and effective treatments to serve patients at Valley and beyond. These medical advances are life-saving and life-changing for our patients, and donor support plays a critical role in advancing research efforts across Valley.

Critical research efforts in 2025 include:

- Valley's cardiovascular imaging team had five abstracts accepted to the Transcatheter Cardiovascular Therapeutics Conference, designed to feature medical research breakthroughs.
- The team's work covered a range of topics, including two abstracts completed in conjunction with the Siemens AI team in Princeton, New Jersey, which focused on a fully automated artificial intelligence (AI) coronary computed tomography (CT) angiography deep phenotyping initiative for predicting clinical outcomes.
- Valley's cardiovascular team published a manuscript in *Genetics in Medicine* addressing the utilization of ACC/AHA Genetic Testing recommendations for thoracic aortic disease. This study represents one of the largest real-world evaluations of guideline-directed genetic testing in adult patients with thoracic aortic disease, providing important and practice-changing insights and highlighting the strength of Valley's Integrated Aortic Program.



- Valley Health System residents presented an abstract at the San Antonio Breast Cancer Symposium, a premier breast conference, on the evaluation of weight loss outcomes in patients with hormone receptor-positive breast cancer on endocrine therapy receiving concurrent weight loss medications.

Valley conducts research in cardiology, oncology, neurosurgery, and more, and ended 2025 with 117 active clinical trials in progress.

## Pediatrics.

Valley Health System serves the unique needs of pediatric patients and families in our region and continued to grow its pediatric offerings in 2025.

Valley's pediatric specialists provide the highest level of care in the following specialties: endocrinology; emergency medicine; food allergies; gastroenterology and nutrition; developmental and behavioral pediatrics; pediatric gynecology; pediatric surgery; physical medicine and rehabilitation; pulmonology; and sleep medicine.

In partnership with Mount Sinai's Kravis Children's Hospital, Valley added a new

pediatric Asthma Care Program under its pediatric pulmonology service, utilizing the latest guidelines, medications, and therapies to treat one of the most common chronic disorders of childhood.

Valley Medical Group also launched an Expedited Autism Diagnostic Clinic, now offering accelerated autism evaluations for children between 24 and 48 months with a specific referral from their pediatricians. The expedited program addresses a long average wait time in the field for autism evaluations, with the clinic streamlining the process to ensure families are seen promptly and can begin accessing services that support their child's development.

In 2025, donor funding supported

the presentation of a symposium in collaboration with Mount Sinai focused on perinatal and neonatal practice, technologies, and research findings. The collaboration brought together a variety of healthcare disciplines, encouraged a holistic approach to maternal and neonatal health, and worked toward improved outcomes for mothers and newborns.



What started as The Valley Hospital – one hospital on one campus in Ridgewood – has grown and evolved into a robust healthcare system with convenient locations in several Bergen County communities providing both inpatient and outpatient care.

While the landscape of Valley Health System looks different today, the compassion and commitment to excellence is a hallmark of each and every facility through which we provide care to our community.

# VALLEY HEALTH SYSTEM CAMPUSES.

## RIDGEWOOD.

Since The Valley Hospital's historic move from Ridgewood to Paramus in April of 2024, Valley's Ridgewood campus has experienced a period of transformation into a thriving outpatient destination.

Valley Health System – Ridgewood Campus continues to house Valley's Breast Center; diagnostic imaging center; outpatient laboratory; endoscopy suite; and Wound, Ostomy and Continence Center.

New and recent additions to the Ridgewood Campus include the Center for Sleep Medicine; the Earl A. Wheaton, Jr., M.D. Family Care Center; Outpatient Rehabilitation – Physical, Occupational, and Speech Therapy Services; VMG's Physical Medicine and Rehabilitation; Integrative Medicine; the Pain Management Center; and the Heart Screening program, as well as Valley's Observation Unit and Recovery and Wellness Unit.

In the coming year, the Ridgewood Campus will continue to grow, bringing the resources our community needs closer to home in newly renovated, conveniently-located facilities and truly creating a network of outpatient destinations across our region.



# PARAMUS.



The Valley Hospital in Paramus, the new, state-of-the-art centerpiece of a 40-acre health and wellness campus, is transforming care for the people of our region.

With beautiful, calming facilities, leading-edge technologies and equipment, and the highest caliber clinicians providing exceptional care, The Valley Hospital is committed to caring for our friends and loved ones for generations to come.

The generosity of our donor community helped us build our new hospital from the ground up. Thanks to donors like you, philanthropic support has contributed more than \$145 million to the new facility. As we look ahead, we shift our focus to the programs and services within our hospital that make Valley so unique and save and change lives.

In 2025, The Valley Hospital had more than 61,000 total admissions – a growing number that reflects Valley’s expanding role in our community. As we continue to grow and innovate, philanthropic support from our community is more important than ever to meet the needs of the patients we serve and to help our patients live longer, healthier lives.

In addition to The Valley Hospital, Valley provides exceptional care to patients throughout several Paramus locations.

The Robert and Audrey Luckow Pavilion, located across the street from The Valley Hospital, is home to the Daniel and Gloria Blumenthal Cancer Center, the George R. Jacqua Same Day Services Center, a retail pharmacy, and a host of medical offices for specialized care. Nearby, Valley’s Medical Arts Pavilion at 140 East Ridgewood Avenue provides specialized services such as a new, state-of-the-art outpatient cardiovascular suite, as well as services for families and children, including Maternal-Fetal Medicine, the Kireker Center for Child Development and The Valley Fertility Center. In addition, the Medical Arts Pavilion is home to Valley’s Snyder Center for Comprehensive Atrial Fibrillation and the Knispel Center for Comprehensive Cardiomyopathy Care, critical resources made possible through the generosity of our donor community.

# MONTVALE.

In the fall of 2025, Valley Health System opened its newest campus in Montvale, located at 400 Market Street at The Shoppes at DePiero Farm.

Valley Health System – Montvale Campus is home to a musculoskeletal center located on the third floor, complete with diagnostic imaging services, outpatient rehabilitation, and Valley Medical Group practices including integrative medicine, pain management, physical medicine and rehabilitation, podiatry, and rheumatology, as well as Valley LifeStart: The Center for Weight and Wellness.

This location is Valley’s fourth in Montvale, joining 135 North Kinderkamack Road, which houses the Center for Women’s Health, a Valley Medical Group cardiology practice, and the first Valley Medical Group pediatric primary care practice, in addition to two primary and walk-in care centers, located at 141 North Kinderkamack Road and 85 Chestnut Ridge Road.

The new campus allows patients in the area to receive a vast array of services in a state-of-the-art clinical environment close to home, improving access to the highest quality medical, therapeutic, and support services.

Additional VMG services will open on the Montvale campus in the coming months.



## Earl A. Wheaton, Jr., M.D. Family Care Center.

The Earl A. Wheaton, Jr., M.D. Family Care Center – formerly Valley’s Community Care Clinic – offers outpatient healthcare services accessible to all members of the community. Services offered at the center include primary care, prenatal care, pediatric services, and specialty appointments.

The center was named in memory of former Valley internist and rheumatologist Dr. Earl Wheaton, Jr., who was known for his compassionate, personalized care and commitment to patient education. Fittingly, the center serves as the outpatient offices

for Valley’s Graduate Medical Education program, training the next generation of physicians.

Generous donor funding has benefited the center’s programs and services, and donation drives have kindly provided books and toys for the center’s pediatric patients and their families. Donor support has also helped to purchase equipment such as a barometric scale to help with management of obesity and educate patients on healthy lifestyles, an iPad to improve education access for pregnant patients and to further

assist with translation services, and a new vision machine to assess visual acuity for patients of all ages.



## Graduate Medical Education.

With the opening of The Valley Hospital in Paramus, Valley is not only investing in world-class facilities in which to deliver care, but also in the clinical professionals who will provide it for generations to come.

In 2024, Valley launched its Graduate Medical Education (GME) program to train the next generation of Valley physicians, accredited by the Accreditation Council for Graduate Medical Education (ACGME). In 2025, the Office of Academic Affairs welcomed its first class of surgical residents and second class of internal medicine and OB-GYN residents.

These physicians care for patients throughout The Valley Hospital in Paramus, in Valley Medical Group practices, and in the Ridgewood Campus’ Earl A. Wheaton, Jr., M.D. Family Care Center. (see above.)

Philanthropic support has benefited the GME program and supported various training initiatives, including the purchase of an adult CPR trainer for resident education and clinical practice.

Together with Mount Sinai’s Icahn School of Medicine, Valley is planning several fellowships and continuing the journey toward making Valley a premier destination for medical education and training in the years to come.



## Clinical Education.

Valley Health System is at the forefront of providing world-class care to the people of our region. Critical to providing the highest quality care is ensuring that our clinical teams are equipped with the most current training to provide optimal care.

In 2025, Valley trained more than 5,646 employees in a variety of training exercises.

Philanthropic support helped to address an alarming nationwide increase in violence against healthcare workers. Donor funding allowed Valley to train employees through its Crisis Prevention Institute, teaching

techniques for de-escalation. Valley has trained 13 employees to administer this ongoing education to staff, and 775 people have completed this Crisis Prevention Institute training in-person to date. In 2026, online training modules have been assigned to all employees across Valley Medical Group.

Philanthropic support from the O’Shea Family Foundation allowed for improvements to Valley’s Zen Dens to create a more calming and soothing environment for our employees, enhancing the environment to provide long-term benefits.

Donor funding also supported team members in attending professional conferences and training to enhance their

skills and continuing education to provide the maximum benefit to their patients, in addition to funding the purchase of mannequin training equipment for resident and employee training (see Graduate Medical Education above).



## Oncology.

Valley-Mount Sinai Comprehensive Cancer Care offers advanced cancer care options – including access to clinical trials – and unique programs and services to support patient care through every step of the oncology journey.

In 2025, Valley introduced treatment with bi-specific antibody therapy. Bi-specific antibodies are engineered proteins that simultaneously bind to proteins on cancer cells and immune cells, resulting in destruction of cancer cells. Valley has been able to treat patients with hematologic malignancies like lymphoma and multiple myeloma, as well as solid tumors, like lung cancer, with bi-specific antibodies.

In collaboration with internationally recognized experts at the Mount Sinai Health System, Valley made progress toward the initiation of a CAR-T cell program to treat patients with multiple myeloma. CAR-T cell therapy involves harvesting immune cells from patients,

modifying them in the laboratory to make them super-effective in attacking specific cancer cells, and re-infusing them into patients. The results of treatment with CAR-T cell therapy rival the results seen with stem cell (or bone marrow) transplantation in some groups of patients.

Valley’s urologic oncology program is growing. Several years ago, radiation oncologists at Valley developed the “Think Five” technique of treating prostate cancer, and the approach is now being studied in an NCI-sponsored nationwide clinical trial for patients with high-risk prostate cancer. Valley also introduced NanoKnife®, a minimally invasive technique to destroy soft-tissue tumors in the surgical treatment of cancers such as prostate cancer and bladder cancer.

Valley is committed to expanding access to early detection, identifying cancers

at earlier stages, and providing therapies at the earliest possible point. Valley offers fast-track screening services and recently welcomed five dedicated radiologists in breast screening at Valley’s new Montvale campus.

Philanthropic support also benefited survivorship support programs, enhanced Valley’s financial toxicity program to help patients offset expenses, and funded other cancer support services (see Auxiliary section to learn more).



## Auxiliary.

The Valley Hospital Auxiliary has been a partner to Valley Health System since its earliest days, before the Ridgewood hospital was even built. This group of 500 women, organized into 11 branches representing communities throughout our region, has enriched Valley through its decades of volunteerism and philanthropy.

Following the completion of its \$3.1 million pledge to establish the Pediatric Section of the Emergency Department at The Valley Hospital in Paramus and to support Valley Home Care’s *Butterflies* program, the Auxiliary made a new philanthropic commitment in 2025: a \$1.6 million pledge benefiting four vital programs that support women and children.

This latest pledge provides funding for Cold Cap therapy for cancer patients, which helps reduce the likelihood of hair loss during chemotherapy; the Boutique for

Integrative Healing at the Luckow Pavilion, which offers patients services, wellness products, education, and support during and after cancer treatment; the Pregnancy-Induced Hypertension Program, which works to save the lives of pregnant and postpartum mothers experiencing hypertensive disorders; and the *Butterflies* Endowment, which enhances palliative and hospice care for children with life-threatening conditions and provides support to their families.

The Auxiliary’s must-attend events each year include The Valley Ball, the Annual Golf Outing, and the Sporting Clays Classic at the Hudson Farm Club, along with the annual Tree of Light Illumination Ceremony and the Terri Roemer Paramus Run.

The Auxiliary has contributed more than \$23 million to support Valley in its history, and the lasting impact of our Auxilians is seen throughout the organization.



» To learn more about the Auxiliary and get involved in your local branch, please visit [www.valleyhospitalfoundation.org](http://www.valleyhospitalfoundation.org) and click “Get Involved.”

## Geriatrics.

As people get older, their healthcare needs evolve. At Valley Health System, we understand that the needs of older adults are unique, and the requirements for geriatric care are not determined by age alone. Valley's services focus on the long-term care of patients who suffer from conditions such as dementia, neuro-degenerative diseases,

neurological and physical impairment, decline in functional capabilities, and inability to independently manage daily activities.

With a nationwide shortage in providers specially trained in geriatric care and a vastly growing elderly population, the need for specialty trained geriatricians is greater now than ever before. Thanks to generous donor support, Valley made strides in 2025 to meet the community's needs.

A \$250,000 endowment established in Dr. Bennett Leifer's honor, as well as gifts of over \$350,000 to support the program, allowed Valley to enhance its offerings and expand its team to include a fourth fellowship trained geriatrician. Philanthropy also supports advanced training for medical staff in geriatrics, as well as opportunities for residents in Valley's Graduate Medical Education program.

## VALLEY HOME CARE & HOSPICE

### Valley Home Care.

Valley Home Care is one of New Jersey's largest home care agencies, serving the needs of more than 12,000 patients in Bergen and Passaic counties each year, right where they need it – at home.

With over 275,000 patient visits each year, the organization brings advanced clinical



services directly into the home, from skilled nursing, infusion therapy, cardiac and diabetes care to rehabilitation, maternal-child health, wound and ostomy care, and more.

Innovation continues to shape Valley Home Care's approach. Its enhanced wound care program allows clinicians to securely review patient images in real time while in the field, enabling faster treatment recommendations, fewer unnecessary visits, and earlier interventions that improve outcomes. Complementing in-person care, a telephonic care management initiative launched in 2025 to connect nurses and health coaches with patients regularly between visits, strengthening continuity of care and proactive health monitoring.

Recognizing the growing need for behavioral health support in home care settings, Valley

is expanding its multidisciplinary team to include a specialty-trained psychiatric registered nurse. This role provides targeted support for patients experiencing conditions such as anxiety and depression, ensuring emotional wellness is addressed alongside physical health.

Valley's commitment to families extends through *Butterflies*, its pediatric home care and hospice program. In 2025, the program delivered 421 patient visits while also offering meaningful family initiatives such as the annual Butterfly Release ceremony, a heartfelt event honoring the children and loved ones cared for, while fostering community connection. Philanthropic support plays a crucial role in sustaining services like these that are often not covered by insurance, helping families receive comprehensive care without added burden.

### Valley Hospice.

Valley Hospice provides holistic end-of-life care, supporting 1,560 patients and their families in 2025 with medical, emotional, financial, and spiritual guidance. The program prioritizes comfort, dignity, and personal meaning during life's most sensitive transitions.

Donor support has expanded therapeutic offerings such as art and music therapy, allowing patients and families to create lasting memories through shared creative experiences. Music therapists often compose personalized songs reflecting patients' life stories, treasured keepsakes that provide comfort long after loss.

Honoring individual life journeys remains central to hospice care with special tributes like the Nightingale Salute, recognizing former nurses receiving hospice services, celebrating their contributions to the profession and the lives they touched.

Innovative holistic care also continues to evolve. The Virtual Voyage program uses virtual reality technology to transport patients to cherished destinations, such as a virtual tour of childhood neighborhoods, favorite travel spots, or dream vacations, creating powerful emotional connections.

Valley Hospice will soon introduce an echo stethoscope initiative, in which a patient's heartbeat is recorded and used by the music therapist to overlay with music into a

beautiful, meaningful song. Hospice also offers many legacy projects, including hand castings of patients' hands holding the hands of their loved ones, to keep as mementos and honor their loved ones' memories for years to come.



**Together, Valley Home Care and Valley Hospice exemplify compassionate, forward-thinking healthcare, blending clinical excellence, innovation, and heartfelt human connection to support patients and families at every stage of life.**

# 2025 STATISTICS

**6,724**  
Total Number  
of Employees

**482**  
Valley Health  
System

**4,367**  
The Valley  
Hospital

**1,453**  
Valley Medical  
Group

**422**  
Valley Home  
Care



## THE VALLEY HOSPITAL.

**4,459**  
Babies Born

**1163**  
Physicians  
(All Categories)

**11,729**  
MICU Dispatches

**61,493**  
Total Admissions\*

**81,664**  
Emergency Department  
Visits

**16,309**  
Endoscopy Procedures

**474**  
Neonatal ICU Admissions

**9,537**  
Community Visits

**1,453**  
Total Joint Replacements

**7,350**  
Cardiac Catheterization  
Lab Procedures

**262**  
Cardiac Surgery  
Procedures

**13,707**  
Same Day Surgeries

**9,585**  
Radiation Therapy  
Procedures\*\*



## VALLEY MEDICAL GROUP.

**32**  
Locations

**70+**  
Specialties

**543**  
Providers

**887,692**  
Patient Visits



## VALLEY HOME CARE.

**278,159**  
Total Patient Visits

**188,965**  
Home Health Visits

**89,194**  
Hospice Care Visits

**92,134**  
Rehabilitation Visits

**23,058**  
Hospice Nursing Visits  
(On-Call)

**1,171**  
Bereavement Support  
Group Attendance

**2,306**  
Maternal/Child Health  
Program Visits

**233**  
Art Therapy Attendance  
(Journeys program)

\* Includes hospital inpatient admissions and Same Day Services.

\*\* Radiation Therapy – Includes Tomotherapy (2007 to present). Gamma Knife procedures not included.  
Cardiac Cath Procedures (including Caths, Angioplasty, Rotablator, IVUS, Peripherals,  
TAVR, MitraClip, Impella, Watchman, Valvuloplasty, ASD/PFO, CTO, Ablations, EP.

## ACHIEVING EXCELLENCE



### Healthgrades

For the fourth consecutive year, The Valley Hospital has been recognized by Healthgrades as one of America's 100 Best Hospitals — placing Valley among the top 2% of hospitals nationwide, one of only five hospitals in New Jersey, and the only hospital in Bergen County to earn this distinction.



### U.S. News & World Report

U.S. News & World Report recognized The Valley Hospital as one of the best hospitals in New Jersey and the surrounding area. This year, Valley is ranked the 6th best hospital in New Jersey.



### Newsweek

The Valley Hospital is proud to announce that it has been chosen by Newsweek as one of America's Best-In-State Hospitals in New Jersey for 2026, recognizing excellence across specialties, safety, and patient satisfaction.



**FROM THE  
VALLEY HOSPITAL  
FOUNDATION TEAM...**  
**THANK YOU**

The Valley Hospital Foundation is committed to raising funds to provide support for programs, services, research, and facilities to enable all members of the community to benefit from Valley Health System's first-class, compassionate care.

The Valley Hospital Foundation team is committed to making a difference for the communities Valley serves, and we could not do it without your support. Your impact makes a difference, not just today and tomorrow, but for generations to come.

Thank you for making The Valley Hospital Foundation part of your philanthropic journey. If you are interested in learning more about ways to get involved with Valley or if we can assist you at any time, please do not hesitate to reach out.

**YOUR SUPPORT MAKES A DIFFERENCE.**



Scan the QR code to make a gift to the area of Valley Health System that means the most to you, or to view the digital 2025 Donor Impact Report.

**THE VALLEY HOSPITAL FOUNDATION**  
4 Valley Health Plaza  
Paramus, NJ 07652  
[www.valleyhospitalfoundation.org](http://www.valleyhospitalfoundation.org)  
201-291-6300

