

INSIDE VALLEY

THE VALLEY HOSPITAL FOUNDATION NEWSLETTER



2024 ISSUE 3

2 LETTER FROM
DAVID BOHAN

3 THE NEXT GENERATION
OF VALLEY PHYSICIANS

5 IMPACT
STORIES

8 THE VALLEY HOSPITAL
AUXILIARY

9 AWARDS &
ACCOLADES

10 DONOR
RECOGNITION



Pictured: Alfano Family Foundation Garden at The Valley Hospital

The Next Generation of Valley Physicians

In partnership with the Icahn School of Medicine at Mount Sinai, Valley Health System officially launched its new Graduate Medical Education (GME) program and welcomed its first class of residents this summer.

The new GME program, accredited by the Accreditation Council for Graduate Medical Education (ACGME), trains Valley's resident physicians to become the healthcare leaders of tomorrow and instills a commitment to clinical excellence, education, and compassionate care for patients in the communities Valley serves.

(Continued on Page 3)



LETTER FROM DAVID J. BOHAN

Chief Development Officer

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A Historic Moment for Valley Health System



It's hard to believe that six months have passed since the doors of The Valley Hospital opened in Paramus, forever changing the landscape of healthcare in our region. In that time, our dedicated clinical teams have provided compassionate, world-class care in our new hospital, and saved and changed the lives of people in our region. While our new hospital looks quite different, the same focus on compassionate, personalized care for every patient is still what guides our care.

This new, state-of-the-art facility is where our families, friends, and neighbors will receive their care for generations to come. The Valley Hospital is deeply enriched by the support of donors like you — community members who saw the need for this important new facility and didn't hesitate to put your support behind it.

In this issue of *Inside Valley*, you'll read about Valley's new Graduate Medical Education program, which welcomed its first class of 15 residents this summer. As an academic medical center, Valley's new program will train future Valley doctors and ensure that our community has access to the highest quality, specialty-trained physicians. These residents will provide care throughout The Valley Hospital, as well as in our outpatient practices in the newly dedicated Earl A. Wheaton, Jr., M.D. Family Care Center in Ridgewood.

You'll also read about generous donors who made a tremendous impact on Valley's future through their support of the Foundation's \$125 million *Serve. Care. Transform.* campaign. These donors — like Christina and the late Michael Hayes — made an investment in the future of our entire region, and we are so grateful for their support.

The Valley Hospital Foundation also mourns the loss of our friend and Board Treasurer Ralph Mastrangelo, who has been an avid supporter of Valley Health System for many years. We honor Ralph's memory and are forever grateful for his service and friendship.

While our hospital is now open, the *Serve. Care. Transform.* campaign will continue through the end of 2024, and it is not too late to make your mark on this historic moment in Valley's story through the end of December. Scan the QR code to make a year-end gift today.

Thank you for your generosity and commitment to the well-being of our community. As the *Serve. Care. Transform.* campaign draws to a close, we look forward to stepping into Valley's next chapter together.

Sincerely,

A handwritten signature in black ink, appearing to read "David Bohan".

Vice President & Chief Development Officer
The Valley Hospital Foundation

“The Valley Hospital is deeply enriched by the support of donors like you — community members who saw the need for this important new facility and didn't hesitate to put your support behind it.”

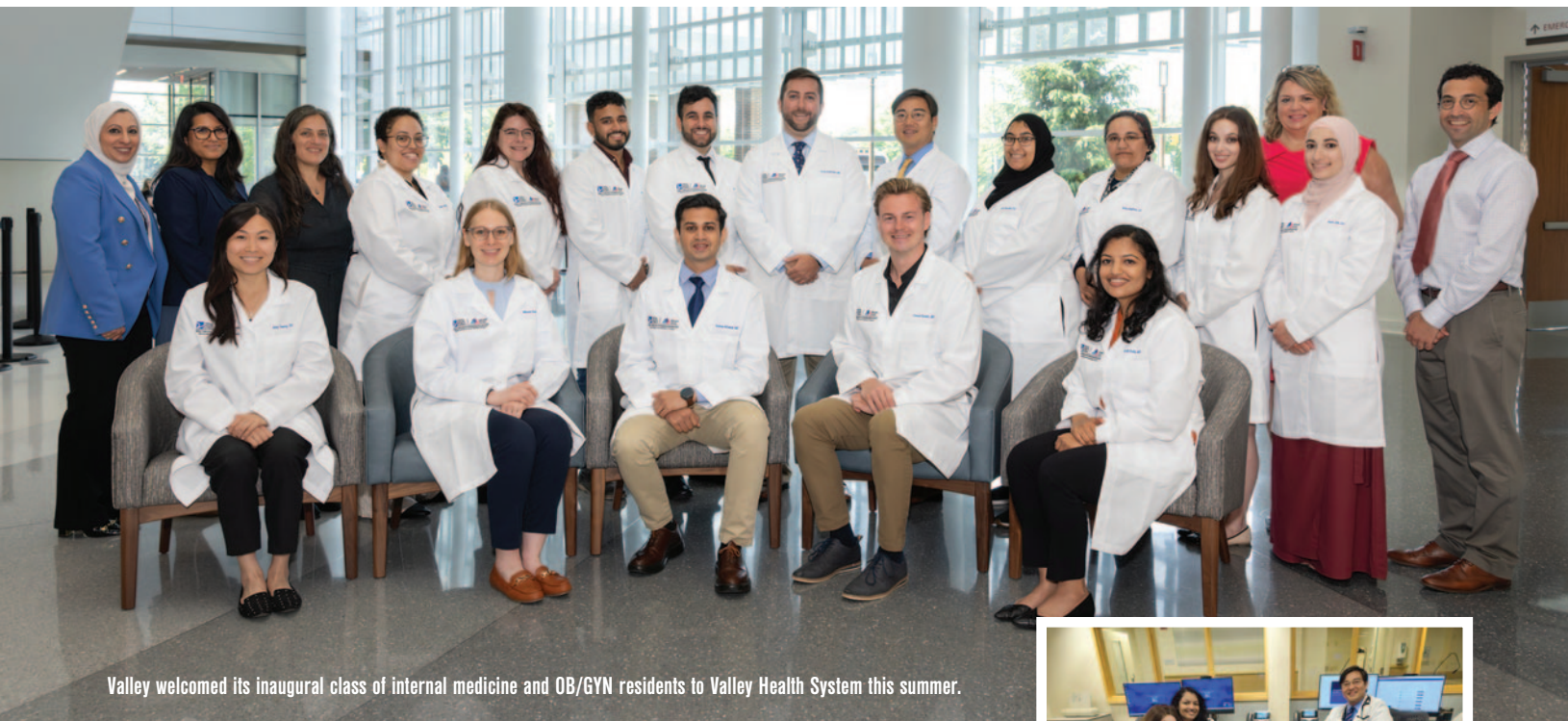


Scan the QR Code to learn how you can support the *Serve. Care. Transform.* campaign for The Valley Hospital.

CONTINUED FROM COVER

The Next Generation of Valley Physicians

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Valley welcomed its inaugural class of internal medicine and OB/GYN residents to Valley Health System this summer.

“We’re proud to partner with the Icahn School of Medicine at Mount Sinai to bring Graduate Medical Education (GME) to Valley Health System and give our residents access to the resources and academic rigor of one of the top medical schools and GME sponsors in the country,” said Reham Shaaban, DO, FHM, FACP, Director of Medical Education at Valley Health System. “Valley’s residency program is

“We’re proud to partner with the Icahn School of Medicine at Mount Sinai to bring Graduate Medical Education to Valley Health System.”

**— Reham Shaaban, DO, FHM, FACP
Director of Medical Education,
Valley Health System**

designed for residents who are curious, compassionate, and ready to actively engage in designing and leading the future of health-care for generations to come.”

Valley’s first GME class includes 15 residents in internal medicine and obstetrics and gynecology who arrived in Paramus in July. Valley’s GME offerings will expand with the launch of the General Surgery residency program next year, and more specialties in the future.

Medical residents are training and caring for patients alongside our attending physicians in the state-of-the-art facilities of the new hospital using the latest, leading-edge technologies. Residents will care for patients throughout the hospital and will also provide specialty care to our community in the Ridgewood campus’ Earl A. Wheaton, Jr. M.D. Family Care Center. (Read more on page 6).

The growth of Valley’s GME programs will give Valley an additional level of prestige



as an academic medical institution, will attract premier physicians in their fields to train the next generation of healthcare providers, and will support the retention of the highest quality providers right here in our community.

(Continued on page 4)

(Continued from page 3)

Philanthropy Supports Behavioral Health Training Program for Residents

A recent anonymous \$300,000 gift to the Graduate Medical Education program will allow for the addition of behavioral health education into the residency program's internal medicine training, including curriculum development, clinical rotations in integrated behavioral health clinics, trainee wellness and wellbeing initiatives to support resiliency, and more.

Mental health has never been more critical than it is today, and healthcare workers are on the front lines of caring for their patients' mental health challenges. This generous gift

recognizes the increasing mental and behavioral health needs of communities nationwide.

By equipping residents with the skills to address not only their patients' physical concerns but also their mental health needs, the program will enhance patient outcomes, reduce healthcare costs, and improve the overall health of our community.

In addition, a generous \$100,000 gift from the Valley Hospital Medical Staff will support the overall development and enhancement of the GME program for the next generation of Valley physicians.

We are thankful to our donors whose support has benefited this important new program and look forward to watching the program evolve and grow in the coming years. ■



Valley Health System – Icahn School of Medicine at Mount Sinai
Graduate Medical Education Programs

IN MEMORIAM: Remembering Ralph Mastrangelo



The Valley Hospital Foundation mourns the loss of Ralph Mastrangelo, Treasurer of The Valley Hospital Foundation Board of Trustees and a dedicated supporter of Valley Health System.

Ralph was a kind and devoted member of the Valley family, serving on the Valley Hospital Foundation Board of Trustees since 2019, and previously on Valley's President's Council. With his philanthropic spirit, sharp business acumen and commitment to serving his community, Ralph made a significant impact on Valley Health System and will be missed by all who knew and served alongside him.

IMPACT

Hayes Family Gift Supports New Hospital

When Christina and the late Michael Hayes were relocating from Williamsport, PA to Bergen County in the 1960s, a great hospital and access to quality healthcare were at the top of their “must-haves” list.

They found what they were looking for in Ridgewood and The Valley Hospital. Over many years, Valley took great care of Christina (“Tina”), Michael and their entire family’s healthcare needs. In fact, nine of their 11 grandchildren were born at Valley, including twins who were cared for in Valley’s NICU.

During those years, Tina lent her time and talents to Valley in many ways – serving as chairperson of the Valley Hospital Auxiliary’s annual Valley Ball, hosting fundraising events in her home, and even decorating the hospital for the holidays. Tina’s daughter, Michelle, also a long-time Auxiliary member,

was active in supporting Valley in honor of the care her twins received in the NICU. Their fundraising efforts purchased a Giraffe Incubator Carestation, a cutting-edge neonatal environment for children born prematurely, as well as other critical equipment.

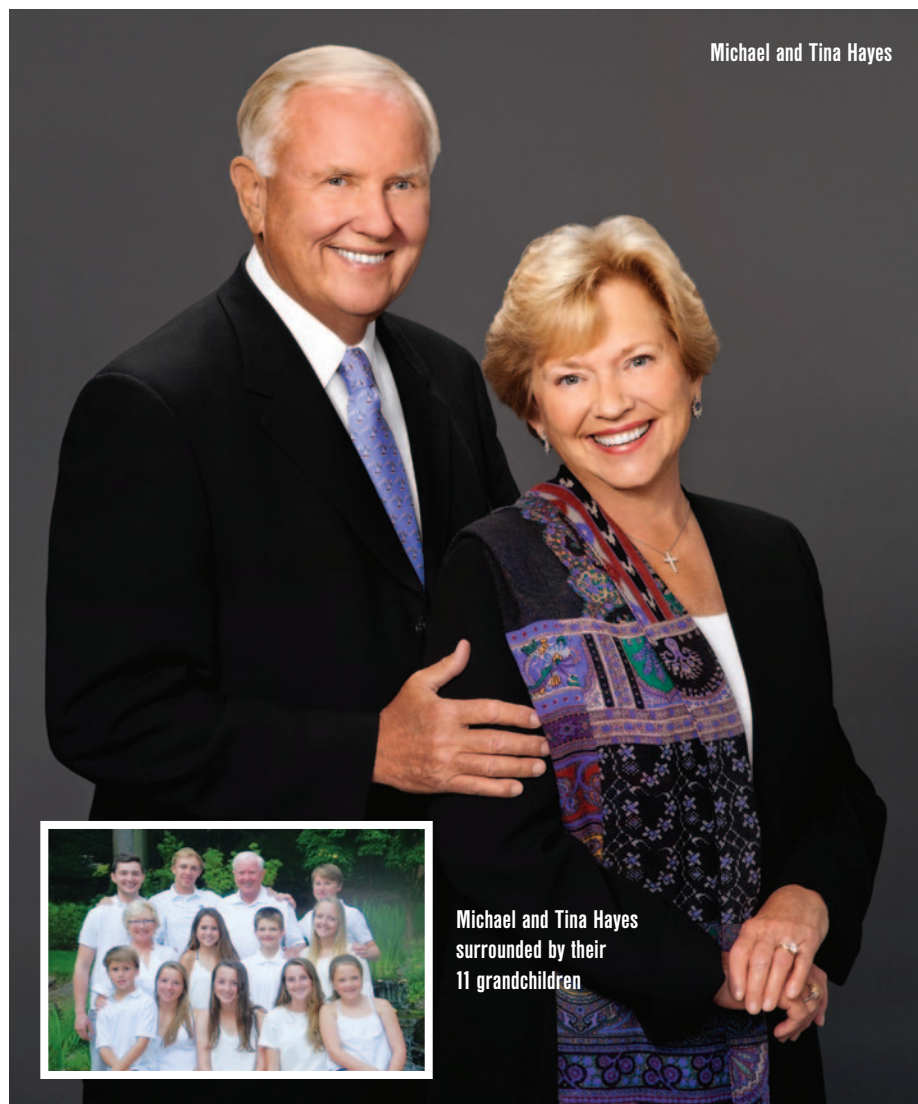
Recently, the Hayes Family provided a generous leadership gift to the new hospital on the Paramus campus. “For sixty years, The Valley Hospital has nurtured the entire Hayes family,” said Tina. “From routine checkups to emergency services, Valley’s team of doctors, nurses, and support staff have healed and comforted my family in their most crucial times of need. I’m honored to give back to this institution that has given so much to me.”

“For sixty years, The Valley Hospital has nurtured the entire Hayes family. I’m honored to give back to this institution that has given so much to me.”

— Tina Hayes

In recognition of the Hayes Family’s generosity, the Paramus hospital’s Cardiac Critical Care Unit will be named in honor of Michael and Christina Hayes and the high level of care Michael received prior to his passing.

Recently, Tina toured the new, state-of-the-art hospital in Paramus. “I was impressed by the spaciousness and modernity of the new facilities,” said Tina. “With its cutting-edge technologies and focus on patient comfort, this new hospital will go a long way in caring for local families while drawing in people from surrounding communities, just like The Valley Hospital welcomed me and Mike so many years ago.” ■



Michael and Tina Hayes

Michael and Tina Hayes surrounded by their 11 grandchildren

IMPACT

Valley Dedicates Orthopedic Unit in Honor of Holden Family



Austin, Alexandra, Jean, Doug and Samantha Holden.

The Valley Hospital Foundation officially dedicated the Holden Orthopedic Unit in the new hospital in honor of the generosity of orthopedic surgeon Dr. Doug Holden and Dr. Jean Weng Holden, and their children, Alexandra, Austin, and Samantha.

The 16-bed orthopedic unit is committed to the care of patients who have bone issues or who have undergone orthopedic surgery to address a host of conditions or injuries, and as a member of Valley's medical staff for more than 20 years, Dr. Holden has dedicated his career to the treatment of these patients.

Doug and Jean's \$500,000 gift in support of Valley's *Serve. Care. Transform.* campaign speaks to their family's commitment to their community, as well as to the value and confidence they place on the services that Valley provides.

We are grateful to the Holdens for their generosity, friendship and support of Valley's future. ■

Earl A. Wheaton, Jr., MD Family Care Center Opens in Ridgewood

The Valley Hospital recently celebrated the opening of the Earl A. Wheaton, Jr., MD Family Care Center in Ridgewood, named in honor of former Valley physician Dr. Earl Wheaton, Jr.

Dr. Wheaton, a long-time internist and rheumatologist at Valley, served as an officer of the Medical Staff, later becoming Medical Staff President and Coordinator of Medical Affairs and Education until his retirement in 2002.

Known for providing compassionate, personalized care and supporting patients in making informed choices about their health, Dr. Wheaton's impact on the community was recognized through The Valley Hospital Distinguished Physician Service Award, which he received in 1998. Dr. Wheaton passed away in 2021.

Members of Dr. Wheaton's family joined Valley staff, past and present, to officially dedicate the center in his memory on September 9th.

"The Earl A. Wheaton, Jr., MD, Family Care Center will help residents of Ridgewood and surrounding areas, it will be an asset to Valley, and it will help educate and train practitioners in my father's beloved medicine," said Dr. Wheaton's son, Tim, on behalf of his family. "I can't think of a better way to honor him, and I know that he would be grateful and proud."

The Center, formerly known as Valley's Community Care Clinic, is located on Valley's Ridgewood campus. It will also serve as the outpatient offices for Valley's new Graduate Medical Education program, training the next generation of physicians. ■



Above (left to right): Dawn Jaicks, Dr. Robert Brenner, Brian Jaicks, Jeanne Wheaton, Audrey Meyers, David Bohan, Tim Wheaton, Dr. Reham Shaaban, Pam Shorr, and Sarah Wheaton.

Right: Earl A. Wheaton, Jr., M.D.



IMPACT

Gaming Karts for Kids



Casey Kreiter, long snapper for the New York Giants, and his family generously donated two GO Karts (Gamers Outreach Karts) to The Valley Hospital's Pediatric Unit.

The mobile gaming systems – one Xbox and one PlayStation – are intended to bring joy to children and help make the hospital experience more comfortable and fun. Designed especially for in-hospital use, the GO Karts are easy to move and clean, and appropriate for pediatric patients of all ages.

Valley is grateful to the Kreiter family for their generous gift to support Valley's pediatric patients during their hospital stays. ■



Scan the QR code to watch the video.

Thank You for Stepping Up for Cancer Care at Valley



More than 150 participants accepted the challenge to get active, have fun, and raise funds for Valley-Mount Sinai Comprehensive Cancer Care in September. Together, participants raised nearly \$63,000 to support advancements in cancer care for Valley patients.

Participants earned points by walking, running, biking, rowing, and even playing pickleball and competed to win great prizes.

Now in its third year, Step Up for Valley has raised \$196,000 to support Valley programs and services to date!

Thank you to event founder and Foundation Trustee Jeff Seidler, the event's generous sponsors, and all of this year's Step Up participants for making a tremendous difference. ■

Thank You for Your Support

A. The Paramus Rotary Club generously donated a beautiful bench to The Valley Hospital to adorn the lawn of the new Paramus campus. Paramus Rotary members Klas Haglid and Jay Leone presented the bench to Joe Lorino, Valley Health System Vice President of Facilities Management.

B. Widows Sons Cornerstone of NYC recently hosted a Bowl-A-Thon in Staten Island raising \$12,000 in support of Valley Health System's Family Services.

C. Amy Conklin (center) hosted a Paint & Sip fundraiser at Sam's Bar & Grill in Ringwood, donating the proceeds to provide support services to Breast Center patients. The artwork created by participants, which includes words of encouragement to support patients and their families, was also displayed in the Luckow Pavilion.



THE VALLEY HOSPITAL AUXILIARY

Supporting Valley

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The Valley Hospital Auxiliary's 51st Annual Golf Outing held on June 3rd at Ridgewood Country Club was a tremendous success, with 145 golfers helping to raise over \$191,000 to support the Auxiliary's pledge toward the new hospital. Thank you to Presenting Sponsor Torcon for their continued and steadfast support.



The 4th Annual Sporting Clays Classic hosted by the Auxiliary's Employee Branch at the Hudson Farm Club in Andover, NJ on August 26th raised over \$80,000. We extend our sincerest thanks to HM Hughes Co. Inc. for their support as the Premier Sponsor of this year's event. ■

SAVE THE DATE 2024 – MARK YOUR CALENDAR!

NOVEMBER 2 – The 76th Annual Valley Ball

The 76th Annual Valley Ball will be held on Saturday, November 2nd at The Lighthouse at Chelsea Piers, a spectacular venue featuring breathtaking views of the Hudson River and Statue of Liberty. This year's event is extra special, honoring Audrey Meyers, CEO Emeritus, for her exceptional dedication and service to Valley Health System. Attendees will indulge in exquisite gourmet cuisine and enjoy captivating entertainment by Asbury Park native *Remember Jones*, creating an unforgettable evening. For more information on the Valley Ball please visit valleyhealth.com/TheValleyBall.



For more information,
scan the QR code or visit:
www.ValleyHealth.com/Auxiliary

Proceeds from Auxiliary events support the Auxiliary's pledge of \$3.1 million to establish the Pediatric section of the Emergency Department at The Valley Hospital, and to support an endowment for Valley Home Care's *Butterflies*, a pediatric in-home palliative and hospice care program for seriously ill children.



Awards and Accolades

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Valley Health System is proud to be recognized locally, nationally, and internationally for the exceptional care provided by our physicians, clinical staff, and employees each and every day. Please scan the QR code to read more about our most recent accolades.



U.S. News & World Report has ranked The Valley Hospital third out of 63 hospitals on their list of the best hospitals in New Jersey, and the 15th best hospital in the New York metropolitan area.

Valley also achieved the highest possible rating – high performing – in 16 procedures and conditions: abdominal aortic aneurysm repair; chronic obstructive pulmonary disease (COPD); colon cancer surgery; gynecological cancer surgery; heart attack; heart bypass surgery; heart failure; hip fracture; hip replacement; kidney failure; knee replacement; leukemia, lymphoma, and myeloma; lung cancer surgery; pneumonia; stroke; and transcatheter aortic valve replacement. Valley was also recognized as high performing in the adult specialties of orthopedics and urology.

BECKER'S

HOSPITAL REVIEW

The Valley Hospital has been chosen by **Becker's Hospital Review** for its 2024 list of "Great Hospitals in America."

According to Becker's, the hospitals chosen are widely recognized for their clinical excellence, commitment to patient safety, innovative initiatives, research efforts, education, and high levels of patient satisfaction.



The Valley Hospital has received two awards from the American Heart Association: the **Get With The Guidelines – Stroke Gold Plus** award reflecting Valley's commitment to delivering timely stroke treatment, and the **Get With The Guidelines – Resuscitation Gold** award recognizing Valley's accomplishments in successfully treating in-hospital cardiac arrest.



Valley Health System has been named one of the top five healthcare employers in New Jersey in **Forbes'** Best Employers by State list for 2024. Among the top five healthcare employers, Valley was the only one from Bergen County, and also ranked among the top 50 best employers overall in the state.



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