

INSIDE VALLEY

THE VALLEY HOSPITAL FOUNDATION NEWSLETTER



2026 ISSUE 1

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SERVING OUR COMMUNITIES

Valley Health System Expands with New Campus in Montvale

Valley Health System is committed to serving the members of our community when and where they need us most, bringing specialized medical care to more communities in the region Valley serves.

This past fall, Valley celebrated the opening of Valley Health System – Montvale Campus, located at 400 Market Street in Montvale, New Jersey, at The Shoppes at DePiero Farm.

(Continued on Page 3)



LETTER FROM DAVID J. BOHAN

Vice President & Chief Philanthropy Officer

■ ■ ■ ■ ■

Celebrating Valley's 75th Anniversary



Happy New Year!

For 75 years, The Valley Hospital has operated with an unwavering commitment to caring for our friends and neighbors and meeting the healthcare needs of our community.

While much has changed over many decades – including Valley's recent move to its new, state-of-the-art hospital in Paramus – what has remained the same through all these years is Valley's commitment to providing the highest quality, compassionate care for each and every patient. This year, we celebrate 75 years of caring and of healing, and many more years ahead.

In this issue, you will read about Valley's continued expansion and the opening of our new Montvale Campus, which houses an array of outpatient services in one convenient location.

You will also read about important technology and equipment that philanthropic support from donors like you helped make possible, as well as third party fundraisers that members of our community have spearheaded to support Valley – and how you can, too!

Your continued support makes a lasting impact on patients in our community, and we are grateful to you for the meaningful role you play in the next chapter of Valley's history.

At Valley, we feel privileged to have the opportunity to care for you and your loved ones, and we are honored by the trust you place in us. On behalf of the entire Valley Hospital Foundation team, I wish you all the best in the new year.

Sincerely,



Vice President & Chief Philanthropy Officer
The Valley Hospital Foundation

“For 75 years, The Valley Hospital has operated with an unwavering commitment to caring for our friends and neighbors and meeting the healthcare needs of our community.”



Scan the QR code to make a gift to The Valley Hospital Foundation.

This year, we celebrate Valley's 75th anniversary of providing high-quality, compassionate care to patients in our communities. Throughout the year, you'll learn more about Valley's long history and the spirit of philanthropy that has been woven into the fabric of our organization since the very beginning. Join us as we celebrate 75 years of Care Like No Other.



CONTINUED FROM COVER

Valley Health System Expands in Montvale



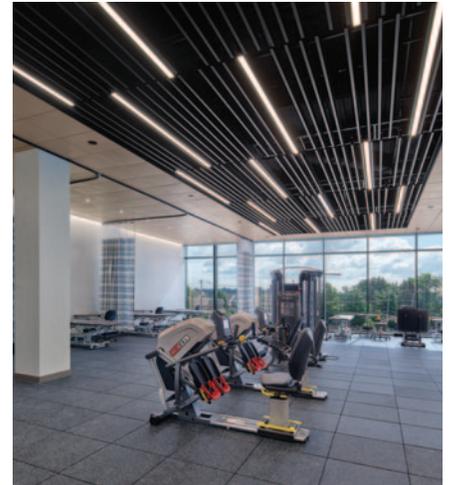
Left to right: Kristien Zingone, Director, Diagnostic Imaging, The Valley Hospital; Theresa Reis, Manager, Diagnostic Imaging, The Valley Hospital; Kristin Ryffel, Director, Operations, Valley Health System; Karteek Bhavsar, Executive Vice President and COO, Valley Health System; Robert Brenner, M.D., MMM, FACHE, President and CEO, Valley Health System; Michael Ghassali, Mayor of Montvale; John Azzariti, Jr., M.D., anesthesiologist and Assemblyman, 39th District; Julie Karcher, Former Senior Vice President, Valley Health System and Valley Medical Group; Lori Nuzzi, DC, Director, Integrative Medicine, Valley Medical Group; and Joseph Lorino, Vice President, Facilities Management, Valley Health System.

“We are proud to open this new location, making it easier and more convenient for all those who live in the Montvale area to get the highest quality medical, therapeutic, and support services than ever before,” said Robert Brenner, M.D., MMM, FACHE, President and CEO of Valley Health System. “The building has a variety of wonderful services that will allow residents in this area to receive state-of-the-art clinical care in a wide array of specialties, both today and long into the future.”

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The new facility, whose entrance is located on the opposite side of Pottery Barn and Williams Sonoma, is home to a musculo-skeletal center located on the third floor, complete with diagnostic imaging, outpatient rehabilitation, and Valley Medical group practices.

The medical practices include integrative medicine, offering chiropractic care, acupuncture and therapeutic massage; physical medicine and rehabilitation, including



sports medicine and treatment for short- and long-term pain; podiatry; and rheumatology.

The opening of the new campus was celebrated with a ribbon cutting ceremony attended by distinguished guests, including Michael Ghassali, Mayor of Montvale, and John Azzariti, Jr., M.D., Assemblyman of the 39th District.

The new campus is Valley's fourth facility in Montvale, joining 135 North Kinderkamack Road, which houses the Center for Women's Health, a Valley Medical Group cardiology practice, and the first Valley Medical Group pediatric practice, in addition to two primary and walk-in care centers located at 141 North Kinderkamack Road and 85 Chestnut Ridge Road.

To learn more about Valley's services in Montvale, please visit ValleyHealth.com/Montvale. ■

IMPACT

Philanthropic Gift Supports Safety Technology

The Valley Hospital recently introduced the EggNest™ Protect system, manufactured by Egg Medical, to improve the workplace safety of its staff in the cardiac catheterization and electrophysiology laboratories.

The technology was made possible by a \$300,000 gift from the Edward W. and Stella C. Van Houten Memorial Fund, a Lifetime Benefactor at the Platinum level. The technology reduces scatter radiation (radiation that changes direction after hitting a surface) exposure of clinical team members.

Designed with a retractable flex shielding, EggNest™ Protect allows clinicians to position clear shields between themselves and the patient. The free movement of the



The EggNest™ Protect system.

Photo provided courtesy of Egg Medical.

shields also allows the C-arm – a mobile x-ray imaging device used to guide the procedure – to be fully maneuvered and rotated, creating optimal positioning for safe radiation exposure to the patient and staff.

“This technology allows our staff to perform complex interventions with greater confidence and less risk, ensuring a safer environment for everyone,” said Rajiv Tayal, M.D., Director of the Cardiac Catheterization Laboratory and the Structural Heart Program at The Valley Hospital.

“Implementing this system was an important step forward for the safety of our teams. We are proud to continue to bring advancements to Valley for our patients and staff,” said Suneet Mittal, M.D., Chair of the Cardiovascular Service Line for Valley Health System, and Director of Electrophysiology at The Valley Hospital.

The Valley Hospital Foundation is grateful for the support of the Edward W. and Stella C. Van Houten Memorial Fund, and all of the generous donors who make critical enhancements that improve safety and quality possible. ■

“This technology allows our staff to perform complex interventions with greater confidence and less risk, ensuring a safer environment for everyone.”

Fundraise YOUR Way: A Guide to Third-Party Fundraising to Support Valley



At The Valley Hospital Foundation, we are fortunate to be surrounded by a supportive community, passionate about making a difference for the patients we serve.

Our friends and neighbors often ask “How can I help?”

One way to make a difference is by organizing a third-party fundraiser! A third-party fundraiser can be almost anything – a race or fitness challenge, a car wash, a “dine-to-donate” night at a local restaurant, or even a request for donations in lieu of birthday presents.

This type of fundraising is fun, simple, and perfect for family and friend groups, schools and youth groups, or individuals interested in making an impact!

The Valley Hospital Foundation team can help you get started, and can even help with creating flyers, setting up direct donation pages, and providing tax receipts. Please follow the instructions at right to register your fundraiser before you get started.

All fundraisers using the name of The Valley Hospital Foundation must be approved in advance. ■

GETTING STARTED IS EASY!

Follow these instructions:

- Brainstorm your fundraiser idea
- Scan the QR code, fill out the form, and let us know how we can help.
- Host your event. Don’t forget to take photos!
- Submit funds raised and let us highlight your success.



Scan the QR code to get started today. See page 5 to view highlights from recent third-party fundraisers supporting Valley.

IMPACT

Making a Difference for Valley Patients

Pedal with Purpose

Valley supporter Eden Sharon (center) organized the Pedal with Purpose spin fundraiser to benefit Valley-Mount Sinai Comprehensive Cancer Care's Breast Center in honor of Breast Cancer Awareness Month. Eden presented a check for \$1,212 to Laura Klein, M.D., surgical oncologist (left), and Sobeida Santana-Joseph, Executive Director of Valley-Mount Sinai Comprehensive Cancer Care to support programs and services for Valley's cancer patients.



Spreading Holiday Cheer

Valley Health System extends a heartfelt thank you to Ridgewood resident Sara Noonan for her incredible generosity this holiday season!

Sara organized a toy drive for patients of Valley Home Care's *Butterflies* program and The Earl A. Wheaton, Jr., M.D., Family Care Center. By creating Amazon wishlists and rallying friends and family to contribute, she helped ensure that children and families received meaningful gifts during this special time of year.

This is the third drive Sara has organized for Valley. We are deeply grateful for her kindness and support of our patients and community. Thank you, Sara!



F45

F45 Training North in Paramus recently hosted a fundraiser to support the Breast Cancer program at Valley-Mount Sinai Comprehensive Cancer Care. The fundraiser raised \$2,596 to support our Valley community.

Pictured are Nicholas Schroeder and Drea Peine-Ardila with Sobeida Santana-Joseph, Executive Director of Valley-Mount Sinai Comprehensive Cancer Care.

This is F45 Training's third fundraiser to benefit Valley and we are grateful for their ongoing support!



Indian Hills Basketball Team

Thank you to the Indian Hills High School Girls' basketball team and head coach Julie Haledjian Buccino for their generous donation toward The Valley Hospital's breast cancer program.

Since 2013, Julie and her team have sold "Be Brave" t-shirts — a take on the school's sports teams known as "The Braves" — during Breast Cancer Awareness Month. This year, the team hosted the same fundraiser, selling more than 360 t-shirts!

To date, the team has donated more than \$10,000. ■





Coming Together to Make a Difference in Our Communities

The Valley Hospital Auxiliary's members — more than 500 across 11 branches — volunteer their time in the hospital and host exciting fundraisers throughout the year to support Valley Health System's programs and services. Scan the QR code to find an Auxiliary branch near you and learn more about the Auxiliary's events and fundraising efforts.

VHA's 77th Annual Valley Ball

Glitz and glamour was the order of the evening at the VHA's 77th annual Valley Ball held at Seasons in November.

This black-tie event attracted more than 200 guests and raised over \$200,000 thanks to our loyal and generous sponsors, donors, and attendees.

Our exclusive silent auction of a 1.9 carat diamond pendant, donated by a former Valley employee and member of the Franklin Lakes Branch, raised \$4,000. All proceeds from the ball and the silent auction benefited the Auxiliary's \$1.6 million pledge. ■



(L to R) Sandy Carapezza, Elaine Heimberger, Robert Brenner, M.D., MMM, FACHE, Carol Gillespie, and Joe Lorino



(L to R) Karteek Bhavsar, Meera Bhavsar, Dave Bohan, and Mary-Catherine Bohan



(L to R) Front: Antranik Sarkes, Hasmig Jinivizian, M.D., Ryan Murphy, M.D., Mary Murphy, Megan Torchia, and Joe Torchia. Back: Keresmeh Hammock and John Hammock, M.D.



(L to R) Ivannette Juarbe-Ramos, M.D., Suneet Mittal, M.D., and Tia Welsh, M.D.



(L to R) Joon Kim, M.D., Anthony D'Ambrosio, M.D., and Johnathan Yun, M.D.



(L to R) Viral Juthani, M.D. and Rupa Juthani, M.D.



(L to R) Derek Berberian, M.D., Katelyn Berberian, Chirag Shah, and Melissa Shah



(L to R) I.D. Aruede, Chad DeYoung, M.D., Carol Rakowski, and Thomas Rakowski, M.D.



(L to R) Karen Hoy, Sandy Carapezza, Lisa Beslity, Gerry Pehush, and Elaine Heimberger



(L to R) Stephanie Edelson and Robert Brenner, M.D., MMM, FACHE



(L to R) Jean Weng Holden, Mariliza Lacap-Tong, M.D., and Nancy Cacciola

Tree of Light Illumination Ceremony



First row (L to R): Donna Singer, Judy Smith, and Mary Seminara
 Second row (L to R): Claire McLellan, Elaine Arezzo, Nora McAvey, Katherine Grasso, Patricia Judge, and Carol Gillespie

The Valley Hospital Auxiliary hosted its annual Tree of Light ceremony on December 5th, kicking off the holiday season at Valley.

The event featured inspiring remarks from Bettyann Kempin, Vice President, Administration, Valley Health System; Donna Mainardi Singer, President, The Valley Hospital Auxiliary; and David Bohan, Vice President & Chief Philanthropy Officer, The Valley Hospital Foundation, along with holiday music from the Paramus High School Choir and Orchestra.

The collective generosity of supporters who purchased stars or lights in honor or in memory of loved ones raised over \$20,000 to support the Auxiliary's pledge to raise \$1.6 million to support and enhance patient care and comfort in the treatment of cancer, pregnancy-induced hypertension, and the *Butterflies* program for critically ill children.

Thank you to the Tree of Light Committee for their dedication in making this event possible. ■

Holiday Concert and Soiree

The Valley Hospital Foundation and the Show Me Your Heart Foundation, led by Heather Choi, recently hosted a Holiday Concert and Soiree in the lobby of The Valley Hospital in Paramus. The event, which featured captivating performances by renowned musicians and dancers, honored Valley cardiologist William Lee, M.D.

Thank you to event co-chairs Heather Choi, Erriette Lenas, and the Show Me Your Heart Foundation for bringing this beautiful holiday event to Valley. ■



Nanta – Traditional Korean Percussion Performers



Andrew Kim, Hwaine Lee, Mingi Choi, M.D., Event Honoree William Lee, M.D., Honorable Julie Lee Kim, and Dillyn Kim.



Heather Choi and Erriette Lenas

Friends of Valley Lecture Series

The Valley Hospital Foundation is proud to present its Friends of Valley lecture series, which offers engaging, informative, and educational lectures led by Valley experts on a wide variety of health topics. From nutrition and integrative medicine to Alzheimer's and other conditions, the series has a topic for everyone.

Lectures are held in-person throughout the year and are open to supporters at the Friends of Valley level, like you. To find upcoming lecture topics and register today, scan the QR code or visit www.valleyhospitalfoundation.org/fovlectures. ■



Dr. Olga Noskin



Silver
Transparency
2025

Candid.

The Valley Hospital Foundation was awarded a *GuideStar Silver Seal* by *Candid* in recognition of its transparency and efforts to go above and beyond in sharing information about the Foundation's work and programs. To view The Valley Hospital Foundation's GuideStar profile, which enables our donors to see the impact of their generous gifts, please scan the QR code at right.



VALLEY HEALTH SYSTEM

Awards and Accolades



Newsweek

Valley Health System is proud to be recognized locally, nationally, and internationally for the exceptional care provided by our physicians, clinical staff, and employees each and every day. Please scan the QR code to read more about our most recent accolades.



The Valley Hospital was chosen by *Newsweek* as one of America's Best-In-State Hospitals in New Jersey for 2026, one of 11 hospitals in the state to receive this recognition. The America's Best-In-State Hospitals list recognizes hospitals for demonstrating excellence across specialties, as well as in safety and patient satisfaction.



The Valley Hospital was named one of America's 100 Best Hospitals for 2026, according to new research released by **Healthgrades**. This achievement reflects The Valley Hospital's commitment to clinical excellence and top-tier patient care and puts Valley in the top 2% of hospitals nationwide for overall clinical performance.

The Valley Hospital has received the **America's 100 Best Hospitals Award™** for four years in a row (2023 – 2026), and is 1 of 5 hospitals in New Jersey and the only hospital in Bergen County to receive the award.



A **QUALITY PROGRAM**
OF THE AMERICAN
COLLEGE OF SURGEONS

The Valley Hospital is proud to announce that it has received reaccreditation from the **American College of Surgeons (ACS) Commission on Cancer (CoC) Accreditation Program**. This honor reflects Valley's continued commitment to delivering high-quality, patient-centered cancer care and affirms Valley's dedication to multidisciplinary collaboration, evidence-based practices, and continuous quality improvement.

Contact Us

Email VHF@ValleyHospitalFoundation.org

Web www.ValleyHospitalFoundation.org

Phone 201.291.6300



4 Valley Health Plaza
Paramus, NJ 07652