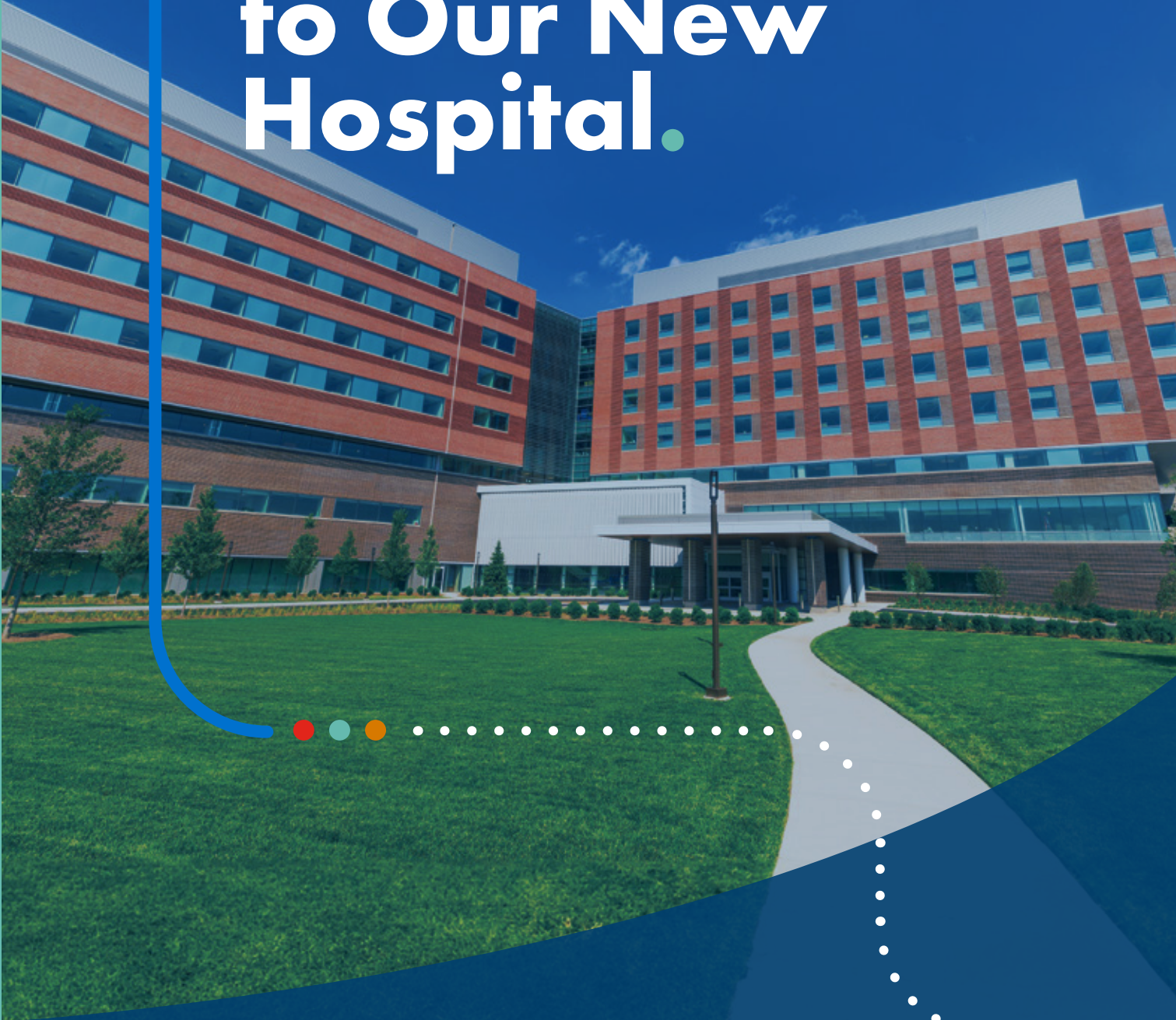




# The Road to Our New Hospital.



# Message from Leadership.

Dear Friends,

As we take the final steps on our path to Paramus, I am delighted to look back together on all we achieved in 2023, a year that truly set the stage for our next chapter.

In 2023, we announced new programs, partnered to care for our community and, most notably, made significant progress on the construction of The Valley Hospital in Paramus. It has been so rewarding to realize our vision to create a beautiful, modern, state-of-the-art hospital that will care for our friends and neighbors for generations to come. This past fall, we were honored to share the new facility with so many of our supporters at The Valley Hospital Auxiliary's 75th Valley Ball, celebrated in the new hospital's lobby before it opened.

April 14, 2024, marks a new era for Valley, and while much will change in the year ahead, what will remain the same is Valley's commitment to embracing our mission of enhancing lives by healing, caring and inspiring wellness. The same ideals that paved the road to our new hospital will continue to guide the care that is provided within its walls.

This year, Valley was named one of the World's Best Hospitals – and among the top three hospitals in New Jersey – by *Newsweek* for our exceptional clinical outcomes and performance. For the second year in a row, The Valley Hospital was also recognized as one of America's 100 Best Hospitals by *Healthgrades*, the only hospital in Bergen County to receive this distinction. In addition, Valley earned the prestigious Magnet recognition for our nursing program, among only 5% of hospitals to earn this designation for a fifth time. These recognitions reaffirm the caliber of our staff, and the compassionate, patient-centered care they provide.

These accomplishments and successes are deeply enriched by the support of our community, and of generous donors like you. Thank you for your commitment to Valley, now and in the years to come.

Sincerely,



*Audrey Meyers*

**Audrey Meyers**  
Chief Executive Officer  
Valley Health System

Dear Friends,

There is no more pivotal time in Valley Health System's history than this one – the year we open the doors of The Valley Hospital in Paramus and turn the page to the next chapter in Valley's story. We are excited as we look ahead to our bright future, and we are equally grateful for the achievements, milestones, and support in 2023 that helped us reach this point.

The Valley Hospital Foundation had a rewarding year raising philanthropic support in many areas, with the new hospital, of course, at the forefront of our efforts. In the pages of this annual impact report, you will read about new medical advancements and critical research enriched by the generosity of our donors. You will learn about new programs to prevent and treat life-threatening illnesses, and initiatives to improve the patient and family experience for those who rely on Valley for care.

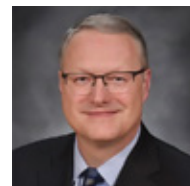
With generous donor support, we once again outperformed our annual campaign goal in 2023, and with a full year left to go, we look forward to surpassing the \$125 million goal of our *Serve. Care. Transform.* campaign by the end of 2024.

While this report celebrates the road to our new hospital, it also offers a glimpse into the advances in key programs that will be housed at our new address, 4 Valley Health Plaza in Paramus, and throughout our health system.

Our new, state-of-the-art hospital in Paramus allows us the opportunity to provide the highest level of care today, tomorrow, and long into the future. It allows us to expand existing programs, offer new initiatives such as our new Graduate Medical Education program, and enhance our patient care with comfort and compassion in mind. We look forward to showing you our new hospital and sharing more about the many ways you can continue to make a difference in Valley's future in the years to come.

Thank you for your generous support and for being a valued member of our Valley community.

Sincerely,



*David J. Bohan*

**David J. Bohan**  
Vice President and Chief Development Officer  
The Valley Hospital Foundation

# Helping Meet the Greatest Needs.

When members of our community choose to make a gift to Valley, they have the option to choose a clinical or functional area to support. They also have the opportunity to designate their gift to the Areas of Greatest Need – gifts that are directed to The Valley Hospital Foundation without a restricted use.

Gifts to Areas of Greatest Need allow Valley the flexibility to invest in improvements, programs, and services that best support our patients and our community – and to do so without delays.

Ranked one of the World's Best Hospitals by *Newsweek* and among America's 100 Best Hospitals by *Healthgrades* for the second consecutive year, Valley Health System prioritizes safety, excellence, and an unmatched patient experience for every patient, every time. Part of providing that next-level experience is having the ability to address needs and opportunities as they arise, and the generosity of our donors allows us to do that.

Your gifts are transformational for Valley and support the important work being done to care for our community. Thank you for your generosity, and for the trust you place in us. Your philanthropy helps Valley continue to stay on the leading edge of medical advancements and compassionate care, now and in the future.



## >> The Announcement

In January of 2017, Valley Health System leadership, staff, community leaders, and supporters gathered for an announcement that would change the course of Bergen County's history: Plans to build a new, modern, state-of-the-art hospital, the focal point of a 40-acre health and wellness campus, on Winters Avenue in Paramus.

The Valley Hospital in Paramus – just 2.5 miles from the Ridgewood campus – would stand seven stories tall, feature 370 private rooms, and have flexible space designs, enhanced patient privacy, the latest technologies, and world-class care, right in the heart of Bergen County. Site plans were approved by the Borough of Paramus Planning Board, and the journey to build a brand-new hospital in Paramus was underway.

The vision for The Valley Hospital in Paramus was clear: it would become the healthcare destination for our friends, our families, and our neighbors.

Valley turned to the experts to begin the process of designing the new hospital: the frontline staff and ancillary team members who would one day provide care in the new building.

Employing a unique and transformational design process called 3P – Process, Preparation, and Production – Valley assembled a multidisciplinary team of staff with unique perspectives from across the organization. The group was tasked with creating an idealized operational model to meet their team's needs in the new hospital. Teams collaborated and negotiated, mapped out the design, and built 3D models. Each person came to the table to improve their own functional area, and ultimately made the entire hospital stronger and more efficient.

*And so, the path to Paramus began.*

>> **Let's go! Embark on Valley's exciting journey with us.**

# The Valley Heart and Vascular Institute.

Valley's cardiovascular team provides the highest level of care for patients experiencing an entire spectrum of cardiac diseases. In 2023, The Valley Hospital was awarded Transcatheter Valve Certification from The American College of Cardiology (ACC) for its demonstrated expertise and commitment to treating patients undergoing transcatheter valve replacement procedures. In addition:



- Valley's Cardiology and Women's and Children's Services teams partnered to ensure continuous follow-up cardiac care, health assessments, and heart health education for women diagnosed with hypertension, gestational hypertension, or severe preeclampsia. Women who experience hypertensive disorders in pregnancy carry a lifetime risk of cardiovascular disease, and the national prevalence of life-threatening hypertensive disorders in pregnancy is on the rise.
- Valley's Center for Comprehensive Heart Failure Care established a multidisciplinary team to provide treatment and management of patients with symptomatic heart failure. Patients admitted for management of heart failure who were managed by Valley's Center for Comprehensive Heart Failure Care program experienced a hospital readmission rate of only 4.1%, which is 80% lower than the 20% national average.



- Led by Suneet Mittal, M.D., Director of the Cardiovascular Service Line, the Snyder Center for Atrial Fibrillation completed a total of 1,637 ablation procedures in the last three years. Valley was an early participant in the groundbreaking PULSED AF trial, which studied the treatment of atrial fibrillation by delivering pulsed electric fields. The procedure, which may offer improved safety and speed to the current approach, will be incorporated into routine clinical practice at Valley in early 2024.

## Pediatrics.



In 2023, Valley continued to serve the pediatric health care needs of patients in our region through its expanded pediatric subspecialty offerings. Thanks to a clinical collaboration with Mount Sinai Kravis Children's Hospital, Valley now offers services such as pediatric cardiology, allergy/immunology, gastroenterology, and more, in addition to its existing pediatric services, right in our community.

Your generous philanthropy supported Valley-Mount Sinai's first lecture program for pediatricians in April 2023 to share the latest research and techniques in the treatment of infants and young children. Your support allows for future lecture programs to bring national experts in the field together to focus on topics such as pediatric aero-digestive medicine, scheduled for April 2024.

Donor funding also supported the creation of an educational video series for patients and families focusing on a variety of pediatric patient care topics, empowering families to become partners in their children's care.

Donor support in 2023 will also enhance the experience for pediatric patients and families at The Valley Hospital in Paramus, with generous support from The Jeremiah & Yolanda Ciancia Family Foundation to fund children's furniture and décor in the Pediatric Unit's playroom. The special touches will include a dedicated art space, a classroom table, a heavy duty play kitchen and accessories, virtual reality technology, and decorative murals to make the play space more inviting and inspire healing.

## NICU.

In 2023, Valley provided specialized neonatal medical care to nearly 450 newborns in its Level III Neonatal Intensive Care Unit, which cares for Valley's smallest and most vulnerable babies.

This year, the NICU developed a comprehensive developmental care team, comprised of board-certified neonatologists, highly-skilled neonatal nurses, lactation consultants, developmental therapists, and other specialists, to evaluate children from their NICU days through their childhood years to ensure they meet their milestones.

Through your generous support, the NICU team has funded a full-time Family Support Specialist, a critical member of the developmental care team, who serves as a liaison with patient families to help them understand the hospitalization process, support them in challenging times, coordinate activities to normalize the hospital experience, and to help to make their time in the NICU as stress-free as possible.

Valley's second annual Camp NICU celebration in May offered NICU graduates and families a chance to get together for a day of outdoor fun. The event raised more than \$30,000 to benefit the Family Support Program and donor funding in 2023 also supported other NICU celebrations, such as a Halloween Trunk or Treat for more than 300 former NICU patients and families.

In Paramus, the NICU will increase to 22 private rooms (including some twin rooms) to enable parents to stay overnight with their infants. Each bed will have an AngelEye camera, the latest NICU camera device, allowing parents and approved family members to log in 24/7 to see the infant. These enhancements speak to Valley's commitment to providing patient- and family-centered care for all patients.



## » Breaking Ground in Paramus.

After years of planning, Valley Health System and community leaders came together again on November 1, 2019, to break ground on what would one day become The Valley Hospital in Paramus.

Those who gathered to plant shovels in the ground on the 40-acre campus believed strongly in our community and the vital need for this new facility.

The new hospital had the faith of generous supporters long before Valley broke ground. With a vision for what the hospital would mean for our region, a number of significant leadership gifts were already committed to the new hospital beginning in 2018, including two generous gifts totaling \$35 million. By the end of 2019, 14 leadership donors had already pledged \$52 million to build this world-class facility.

With a focus on technology, sustainability, and the compassionate care for which Valley has always been known, Valley's new, 910,000-square-foot hospital was on the way.

And while the world was seemingly put on pause in 2020 with the COVID-19 pandemic, the most dire public health emergency of our generation, construction was able to continue on our new hospital. Valley's careful planning and pre-ordering of construction materials allowed the organization to continue making progress and avoid the supply chain challenges faced by many other organizations. Fueled by the reality of what a hospital means for a community in challenging times, progress continued throughout COVID-19.



## Research.

Named one of New Jersey's top research centers by NJBIZ for the second consecutive year, donor support allowed Valley's research programs to make significant progress in research to impact the future of medicine for our region and beyond. With a focus on advancing care for tomorrow, Valley is dedicated to research that answers questions, finds new treatments, and saves and changes lives.

Artificial Intelligence (AI) continued to be an important resource this year, with the implementation and expansion of AI software platform Deep 6, funded through philanthropic support, ensuring that Valley's clinical trials include diversified participant demographics to meet requirements and drive the most conclusive outcomes.



Donor support allowed Valley's neurosurgical service to implement CareSense, a digital navigation and data collection system that sends automated text messages and emails to patients in Valley's neurosurgical area, to optimize the connection for patient-reported outcome data to be used in research studies. Team members also presented critical research at national conferences.

The Snyder Center for Atrial Fibrillation's research program, under the direction of Suneet Mittal, M.D. and Dan Musat, M.D., presented findings on the impact of sleep apnea treatment on the occurrence of atrial fibrillation in patients with sleep apnea. The team used remote monitoring to assess compliance with sleep apnea treatment and objectively determine occurrence of atrial fibrillation.

Valley ended 2023 with 108 active clinical trials in progress.

## Oncology.

The Valley-Mount Sinai Comprehensive Cancer Care Center celebrated a successful year of progress in the treatment of patients with all types of cancer, as well as advancements that will serve future generations of patients. Donor support played a critical role in many of these achievements, funding key initiatives for the treatment and detection of oncologic diseases.

Valley was the first and is the highest enrolling site in the country in the ICE COMPRESS study, testing the efficacy of the Paxman Limb Cryocompression system to reduce the risk of chemotherapy-induced peripheral neuropathy through cryotherapy and/or compression.

A generous philanthropic gift directed funds to support cancer patients experiencing financial hardships due to the high costs of cancer treatment, providing support for essential needs for qualified patients.

Valley's Fast Track Colon Cancer screening program focuses on encouraging colon cancer screenings for the early detection of colon cancer by making the process convenient and accessible for eligible patients. Valley was recognized by the American College of Gastroenterology with the SCOPY award in recognition of the team's efforts in community engagement, education, and awareness for colorectal cancer prevention. The program has performed more than 1,100 colonoscopies from its inception through the end of 2023.



Watch for more information



## Community Support.

In December of 2020, Valley Health System celebrated its "topping out" ceremony, the symbolic celebration of a construction project reaching its highest point. Many of our staff members and generous supporters participated in the celebration, signing the beam that would be raised to the construction project's highest point.

In just over a year, the future home of The Valley Hospital in Paramus went from plans on paper and an empty plot of land to a framed structure bearing the resemblance of the healthcare hub it would soon become.

As progress continued on the new hospital, many members of our community asked a common question: How can we help?

In 2021, The Valley Hospital Foundation officially announced its \$125 million *Serve. Care. Transform.: The Next Chapter of The Valley Hospital* campaign.

Philanthropy has played a key role in Valley's story, and the unwavering commitment of our donors has helped Valley transform patient care, advance critical research, and move strategic priorities forward. The *Serve. Care. Transform.* campaign invited our community to join us in writing Valley's next chapter, and the response was overwhelming.

The largest campaign in Valley's history, the campaign's success included 31 leadership gifts (gifts over \$1 million) totaling more than \$80 million by the end of 2023 and gifts of every size comprised millions of dollars more. The campaign will continue through the end of 2024.



## Auxiliary.

Celebrating its 80th anniversary in 2024, the Valley Hospital Auxiliary had a year filled with energy and impact in 2023, culminating in a spectacular celebration of the Valley Ball in the most special of locations – the lobby of The Valley Hospital in Paramus, prior to the official opening. Nearly 400 guests enjoyed an evening of delicious delicacies, music by The Max Weinberg Band, and the once-in-a-lifetime opportunity to tour the new hospital before its doors open. The evening raised \$250,000 to support Valley.

Throughout 2023, Auxilians volunteered their time to plan and support a host of events, including the Annual Golf Outing at The Ridgewood Country Club, the Annual Sporting Clays Classic at the Hudson Farm Club, Vegas Night at the Indian Trail Club, the Annual Terri Roemer Paramus Run, and the in-person return of Valley's Tree of Light ceremony to kick off the holiday season. The Auxiliary also provided \$22,000 in student scholarships to 21 deserving local high school students.

In all, the Auxiliary, a partner to Valley since before the Ridgewood hospital even opened in 1951, raised \$400,000 in 2023 toward their \$3.1 million pledge. The Auxiliary's support will establish the pediatric section of the Emergency Department at The Valley Hospital in Paramus, as well as support the Auxiliary's longstanding commitment to *Butterflies*, Valley's pediatric home care and hospice program. In all, Auxilians have raised more than \$2.3 million since 2019.



## Women For Health.

Each year, Valley's *Women For Health* – a dedicated group of female philanthropists who pool their resources to support Valley – select a worthwhile Valley program or service as the recipient of their giving. In 2023, the group's 130 members chose to fund \$130,000 in enhancements to Valley's Emergency Department to support patients who arrive in crisis.



One in seven Emergency Department visits is related to a mental health emergency, and especially in a post-COVID world, a mental health crisis can impact anyone at any time. As a safety net for mental health patients, Valley's Emergency Department is committed to using the funding to promote a safe and healing environment for all patients who come through its doors.

Philanthropic support from this gift will fund nursing staff education related to mental health emergencies; specialty equipment (including mobile ambient lighting, gaming and bean bag chairs, calming sound machines, soft-play toys, etc.) to create a therapeutic, sensory environment in select spaces; paper scrubs to promote safety for patients; and two part-time health advocates to work directly with adult and pediatric patients in crisis.

These enhancements will provide the highest level of care, prevent prolonged hospital stays, and protect the safety of all patients and staff.

## Clinical Education.

Providing the world-class, compassionate care for which Valley is known means maintaining the highest education and training standards for clinicians, and in 2023, donor support helped to further these opportunities.

Valley's Graduate Nurse Residency Program, which trains the next generation of Valley nurses, was awarded Accreditation with Distinction – the highest honor possible – by the American Nurses Credentialing Center's Practice Transition Accreditation Program (PTAP). Valley's program brought in 100 new RN residents this year, strengthening the pipeline to meet future patient care needs.

For the fifth time, Valley also achieved Magnet recognition, a testament to its continued dedication to high-quality nursing practice.

More than \$90,000 in donations to The Valley Hospital Foundation was matched with a \$25,000 gift from The Bolger Foundation to purchase the most technologically advanced simulation manikin currently available, named Hal, to help prepare healthcare professionals to manage high-risk, low-frequency emergencies. In the last year alone, the simulation team conducted over 300 simulation scenarios with more than 2,500 healthcare providers, and the program's reach is expected to expand this year.



Your philanthropic support has allowed Valley clinicians to attend and present at medical conferences, participate in ongoing training to maintain and enhance competencies, and to onboard night-shift professional development team members to give overnight staff access to the same clinical training opportunities.

➤ In early 2024, training will be at the forefront as Valley prepares to welcome patients to The Valley Hospital in Paramus. Learn more on the back cover.



## Final Preparations.

In 2023, construction on The Valley Hospital in Paramus was nearly complete. The finishing touches were placed in the new hospital through the end of the year, with an opening date announced – **April 14, 2024.**

In the last months of 2023, clinical and support teams gathered to develop workflows and learn the landscape of the new hospital, preparing to provide the highest level of care on Day One. Teams participated in rotating tabletop exercises with each department to discuss workflows, challenges, and opportunities.

And in 2023, The Valley Hospital Foundation made significant progress in its \$125 million campaign with a year left to go. Many of the generous supporters who made

significant fundraising milestones possible were able to gather together at The Valley Hospital in Paramus to celebrate the 75th Valley Ball, a time-honored Valley Hospital Auxiliary tradition, right in the lobby of the new hospital. Guests enjoyed a once-in-a-lifetime opportunity to tour the hospital before it opened and see key areas such as operating rooms and patient rooms, all while enjoying an evening of food, dancing, and good company.

As we ended 2023, we reflected on the support, commitment, and vision that brought us to where we are today.

**And together, we look ahead to all that awaits us in our new home in Paramus.**

## Emergency Services and Critical Care.

The Valley Hospital's Emergency Services team is at the ready to help our community at a moment's notice. In 2023, Valley's Emergency Department saw 73,167 visits – including almost 18,000 pediatric visits – for a host of illnesses and injuries. Valley's Emergency Medical Services fleet, which includes 10 ambulances and five paramedic vehicles, responded to 8,068 patient calls for help, plus 5,086 calls for paramedics through the Advanced Life Support service.

Donor support in 2023 has funded staff training and continuing education, as well as support to encourage community members to become EMTs and paramedics and continue to serve our community.

The Emergency Department was a recipient of the prestigious Lantern Award from the Emergency Nurses Association recognizing their exceptional and innovative care, and the team has presented at national conferences and supported the opening of a medical detox unit designed to meet the growing demands for substance use treatment in our region.

Most recently, the Emergency Department received a grant from Valley's *Women For Health* to support enhancements to meet the needs of patients arriving at the Emergency Department in a mental health crisis, or patients with sensory needs who visit the Emergency Department for care. The enhancements, including dedicated mental health advocates, therapeutic equipment to create a sensory-friendly environment, and extensive staff training, will be implemented in 2024.



# Valley Home Care.

As one of New Jersey's largest home care agencies, Valley Home Care serves more than 12,000 people in Bergen and Passaic counties each year. Skilled nurses and other clinicians work closely to develop individualized care plans to support patients and provide unique services with more than 281,000 home visits in 2023.



This year, Valley Home Care hired a third wound and ostomy nurse to support patients in the wound healing process. With a goal to prevent rehospitalization, Valley Home Care providers work in collaboration with the patient's care team to take the very best care of patients.

Telemonitoring has proven to be a critical resource in Valley Home Care's toolkit, allowing staff to monitor and assess patients from afar, when appropriate. The technology allows patients to turn on their monitoring technology from a tablet device and automatically transmit readings from assessments to the Valley Home Care provider, allowing them to identify abnormalities and address them in real time.

Since 1999, *Butterflies*, Valley Home Care's pediatric palliative care and hospice program, has served more than 400 families. Thanks to your support, many family members of former patients had the opportunity to come together in May 2023 to memorialize and celebrate the lives of their loved ones, meeting families who have walked similar paths and releasing butterflies in honor of those they lost. Your support allows the *Butterflies* program to continue providing comprehensive home care services for infants and children who have been diagnosed with life-limiting or life-threatening illnesses, as well as support for their parents, siblings, and extended family members.



# Hospice.

Valley Hospice provides a compassionate and knowledgeable approach to end-of-life care with services that address the medical, emotional, financial, and spiritual issues that patients and their families face.

In 2023, Valley Hospice provided nearly 84,000 visits to patients in the final stages of life. Providers focused their care on empowering patients to live their final days on their own terms, asking each of them the same question: "What matters most to you?"



Hospice offers physical, occupational, and speech therapy, as well as end-of-life doulas and spiritual care based on a patient's individual wishes. In addition to clinical therapies, donor funding has supported music and art therapy programs, and bereavement support groups focused on unique shared experiences to provide comfort and support to family members.

Generous contributions from our donor community have allowed Valley Hospice's music therapy program, now entering its seventh year, to provide meaningful music therapy to both adult and pediatric patients.

Looking ahead, donor funds will support the purchase of a "virtual travel agent" program to launch in 2024, with the purchase of virtual reality goggles that allow patients and loved ones to virtually check off bucket list items together. For example, a patient who always dreamed of a family trip to Italy can put on virtual reality goggles with family members and virtually tour the Amalfi Coast, and a patient nostalgic for his hometown can "travel" back to see his high school and youth hangout spots. Not only does this provide a fulfilling experience, but also allows caregivers opportunities to broach meaningful topics of conversation and create lasting memories.

# » 2023 Statistics.

6,163 Total Number of Employees

464  
Valley Health System

3,947  
The Valley Hospital

447  
Valley Home Care

1,305  
Valley Medical Group

## THE VALLEY HOSPITAL.

3,602  
Babies Born

1,055  
Physicians (All Categories)

500  
Auxiliaries

55,543  
Admissions

73,167  
Emergency Department Visits

10,228  
MICU Dispatches

440  
Neonatal ICU Admissions

5,272  
Community Care Visits

15,493  
Endoscopy Procedures

6,273  
Cardiac Catheterization Lab Procedures\*

249  
Cardiac Surgery Procedures

1,419  
Total Joint Replacements

12,131  
Same Day Surgeries

10,802  
Radiation Therapy Procedures\*\*



## VALLEY HOME CARE.

281,010  
Total Patient Visits

964  
Bereavement Support Group Attendance

319  
Art Therapy Attendance (Journeys)

197,289  
Rehabilitation Visits

3,852  
Maternal/Child Health Nursing Visits

598  
Tele-management Installations

83,995  
Hospice Nursing Visits



## VALLEY MEDICAL GROUP.

92  
Locations

70+  
Specialties

477  
Providers

580,503  
Patient Visits



\* Cardiac Cath Procedures (including Caths, Angioplasty, Rotablator, IVUS, Peripherals, TAVR, MitraClip, Impella, Watchman, Valvuloplasty, ASD/PFO, CTO, Ablations, EP Studies, ICD's, Loop Recorders, Pacemakers, Convergent, Lariat, Laser Lead Extractions)

\*\* Radiation Therapy includes Tomotherapy (2007 to present). Gamma Knife procedures not included.

## ACHIEVING EXCELLENCE



Newsweek

The Valley Hospital was named one of the World's Best Hospitals – and one of the top three hospitals in New Jersey – by Newsweek for exceptional clinical outcomes and performance.



Healthgrades

For the second consecutive year, The Valley Hospital was named one of America's 100 Best Hospitals by Healthgrades, one of only three hospitals in New Jersey – and the only hospital in Bergen County – to receive the distinction.



The Leapfrog Group

The Valley Hospital was recognized with an "A" grade for patient safety by the Leapfrog Group for the 20th time, recognizing Valley's commitment to patient safety and high-quality care.



Magnet

For the fifth time, Valley earned Magnet recognition – the highest honor an organization can receive for professional nursing practice – from the American Nurses Credentialing Center.



U.S. News & World Report

The Valley Hospital has been ranked among the best hospitals in New Jersey by U.S. News & World Report for 2023-2024, placing third on the list of 73 New Jersey hospitals that were evaluated. Valley also achieved an overall rating as the 17th best hospital in the entire New York metropolitan area.

»» What's Next? Follow the journey to the back cover to

learn more about Valley's next chapter.

# What Comes Next.

After years of planning and construction, the time has finally come to welcome our community members to The Valley Hospital in Paramus, our region's new premier healthcare destination.

Our new, state-of-the-art facilities mean new opportunities for our hospital and our region. Our clinical and support programs will have the space and technology to expand to be able to serve more patients using the latest technologies.

Valley's new Graduate Medical Education (GME) program, in collaboration with Mount Sinai's Icahn School of Medicine, will allow Valley to train the next generation of physicians, beginning with its first class of residents in internal medicine and OB-GYN this summer, and expanding to other specialties in the future.

The GME program will also use our vibrant, reimagined Ridgewood campus, which will include outpatient laboratory services, diagnostic imaging, endoscopy, The Valley Breast Center, and Valley's Family Care Center.

Though our new hospital is now open, the **Serve. Care. Transform.** campaign will continue through the end of 2024, and it's not too late to be a part of Valley's next chapter. The generosity of donors like you has allowed Valley to reach this critical point in its history, and we look forward to serving you and your loved ones for generations to come.



## YOUR SUPPORT MAKES A DIFFERENCE.

Scan the QR code to make a gift to the area of Valley Health System that means the most to you.



### THE VALLEY HOSPITAL FOUNDATION

4 Valley Health Plaza  
Paramus, NJ 07652  
[www.valleyhospitalfoundation.org](http://www.valleyhospitalfoundation.org)  
201-291-6300

