

TRAC

2019 PHILANTHROPY REPORT





Dear Friends,

Quality healthcare can impact a patient's life in significant ways. The effect it can bear on an entire community, our community, is immeasurable. Given the impact the worldwide coronavirus pandemic has had on all our lives, never before have we felt on such a personal level how vital it is to have a first-class hospital close to home. Philanthropy plays a critical role in enhancing Valley's ability to innovate and respond to the evolving demands of this unique moment and future healthcare challenges.



Valley's longstanding commitment to high-quality care and patient safety has earned us prestigious national recognition, including being named on *Newsweek's* inaugural list of World's Best Hospitals. Valley was ranked 155th in the U.S. — and 3rd in New Jersey — for 2020.

Our reputation for clinical excellence and compassionate care is evident through the actions of our staff, the partnerships we continue to grow, and the many awards, accolades, and accreditations we receive.

Valley's mission of *enhancing lives by healing, caring, and inspiring wellness* is only enhanced by your philanthropy. These same principles guide us as we build a modern, state-of-the-art hospital in Paramus that will be North Jersey's comprehensive health and wellness destination.

Together, we are #ValleyStrong.

Sincerely,

Audrey Meyers
President and Chief Executive Officer
Valley Health System



Dear Friends,

Last year, thanks to donor support, The Valley Hospital Foundation was recognized by the Association for Healthcare Philanthropy as a "High Performer," one of the top 75th percentile in net fundraising nationally. We are honored to be among a very few healthcare systems to receive this award, but more importantly, this is a true testament to the commitment of our community to furthering Valley's people, programs, and platforms for today and for the future.



The following pages of the Donor Report show how philanthropy is making an impact at Valley. I hope you enjoy reading about these and the achievements of Valley in 2019.

We are grateful for our donors' generosity, and look forward to sharing a tomorrow with more exciting new healthcare facilities, programs, and the best in patient care.

Sincerely,

David Bohan
Vice President and Chief Development Officer
The Valley Hospital Foundation

2019 IMPACT STATISTICS

NUMBER OF EMPLOYEES	5,616
VALLEY HEALTH SYSTEM	364
THE VALLEY HOSPITAL	3,681
VALLEY HOME CARE	421
VALLEY MEDICAL GROUP	1,150

THE VALLEY HOSPITAL	
Babies Born	3,510
Admissions	48,664
Cardiac Catheterization Lab Procedures*	5,315
Emergency Department Visits	70,420
Same Day Surgeries	9,567
Neonatal ICU Admissions	342
Cardiac Surgery Procedures	287
MICU Discharges	9,647
Radiation Therapy Procedures**	11,888
Total Joint Replacements	1,220
Endoscopy Procedures	10,373
Community Care Visits	6,230
Physicians (all categories)	1,065
Auxiliaries	800

VALLEY HOME CARE	
Diabetes Self-Management Program Participants	60
Total Patient Visits	276,443
Rehabilitation Visits	91,493
Tele-management Installations	865
Bereavement Support Group Attendance	1,154
Special Bereavement Program Attendance	233
Maternal/Child Health Nursing Visits	1,627
Hospice Nursing Visits	23,169
Art Therapy Attendance (Journeys)	445

VALLEY MEDICAL GROUP	
Number of Locations	92
Number of Specialties	59
Number of Providers†	381
Number of Patients Served	222,495



* Cardiac Cath Procedures (including Caths, Angioplasty, Rotablator, IVUS, Peripherals, TAVR, MitraClip, Watchman, Valvuloplasty, ASD/PFO, Ablations, EP Studies, ICD's, Loop Recorders, Pacemakers, Convergent, Lariat, Laser Lead Extractions)

† Includes physicians, physician assistants and nurse practitioners.

** Radiation Therapy includes Tomotherapy (2007 to present). Gamma Knife procedures not included.



For a second consecutive year, Valley Health System has been designated as a “2019 LGBTQ Healthcare Equality Leader” by the Human Rights Campaign Foundation, the educational arm of the nation’s largest lesbian, gay, bisexual, transgender, and queer (LGBTQ) civil rights organization.



The Valley Hospital has been named one of **America’s 250 Best Hospitals** by *Healthgrades*, placing us among the top five percent of hospitals nationwide for superior clinical performance. Valley is one of only four hospitals in New Jersey to earn this distinction for 2020.



Valley has been recognized as one of **America’s 100 Best Hospitals** for Stroke Care, General Surgery, and Gastrointestinal Care.



Valley’s Cancer Program has earned a Three-Year Accreditation by the **Commission on Cancer of the American College of Surgeons**. Accreditation is only awarded to facilities that voluntarily commit to providing the highest quality of cancer care through a patient-centered, multidisciplinary approach.



Valley is a four-time recipient of the prestigious **Magnet Designation for Nursing Excellence** from the American Nurses Credentialing Center.



The Valley Hospital holds disease-specific certifications from The Joint Commission in six clinical areas, including chronic obstructive pulmonary disease; perinatal care; stroke; total hip replacement; total knee replacement; and wound care.

GIFTS



Last year, philanthropy had a significant impact on patient care and research at Valley-Mount Sinai Comprehensive Cancer Care. Ridgewood resident Benjamin Sims included Valley in his estate plans in memory of his sister, Carol. In 2019, Valley’s oncology program received a donation from this planned gift, through which the Sims legacy lives on.

Valley and Mount Sinai oncologists continue their collaborative effort to provide state-of-the-art, comprehensive cancer care to an increasing number of patients in northern New Jersey. In August of 2019, Valley welcomed Michael J. Passeri, MS, MD, (*pictured below*) to the *Valley Institute for Gastrointestinal Cancer*. Dr. Passeri, a talented board-certified surgeon, specializes in minimally invasive surgery for benign and malignant diseases of the liver, pancreas, and bile ducts. Mount Sinai surgical oncologists join Dr. Passeri in the operating room to participate in complex procedures and bring special expertise to Valley’s weekly video care conferences, assuring optimal treatment for our patients.



Philanthropy helps support the expanding *Valley-Mount Sinai Head and Neck Institute*, a unique program providing novel therapies, clinical trials, and personalized care for more patients with cancers of the mouth, throat, head, and neck.

One of the more noteworthy accomplishments of last year was that Valley-Mount Sinai Comprehensive Cancer Care achieved certification from the Quality Oncology Practice Initiative (QOPI), the quality program of the American Society of Clinical Oncology. Just over 300 programs internationally have attained QOPI certification. The generosity of our donors supports Valley’s ongoing commitment to excellence in cancer care, research, and innovation.

MAKE



The Valley Heart and Vascular Institute continues to meet and exceed patient expectations while setting standards for excellence and innovation that rival the best cardiovascular departments anywhere. With an emphasis on research, more than 300 patients took part in over 50 cardiovascular clinical trials at The Valley Hospital.

Last year, Valley’s Cardiovascular Imaging Program was enhanced with the addition of Coronary Computed Tomography (CT) derived 3T MRI, which allow for more precise and more rapid cardiac MRI scans. This new technology enables physicians to accurately differentiate patients in need of an invasive intervention from those who can be managed with medications alone.

Also in 2019, Valley was able to offer patients with central sleep apnea — which is linked to high blood pressure, abnormal heart rhythm, and heart attack — a new solution: The *remedē®* System. During a minimally invasive outpatient procedure, this pacemaker-like device is placed under the skin in the upper chest area. Valley is *one of only two sites* in New Jersey using The *remedē®* System.

Within Valley’s 3D Print Lab, clinicians can now create accurate and cost-effective anatomical models. Having access to this technology is revolutionizing pre-procedure strategy and is leading to improved communication between clinician and patient.

In November 2019, Valley welcomed an international faculty and hosted the inaugural REsuscitation and Acute CatheTer (REACT) Lab Emergencies Course in North America. A multidisciplinary team from the Cardiac Cath/Electrophysiology and Same Day Recovery areas participated. Course participants reviewed practical guidelines, human factors training, and a streamlined multi-disciplinary team approach to addressing emergencies in the interventional and recovery arenas.



AN



In 2019, Valley staff provided the highest level of care for 342 acutely ill newborns admitted to Valley’s Level 3 Neonatal Intensive Care Unit (NICU). The generous amount of philanthropic support provided to Valley’s NICU program is allowing staff to conduct two important clinical research trials focused on quality, family-centered care.

Because of the sensitive clinical circumstances preventing parents from having more physical contact with their NICU baby, it can be difficult for them to form an emotional bond with their infant. Parents often report feeling deprived of holding the baby directly after birth, lying skin-to-skin for extended periods of time, and looking into their baby’s eyes.

“**I feel like I wouldn’t have known what to do without the Family Nurture Intervention program. You helped me connect with my baby, and you were always there for me.**”

GRATEFUL NICU PARENT

With that in mind, the first trial incorporated Family Nurture Intervention and was specifically designed to establish better neurodevelopmental trajectories for premature infants and to decrease anxiety and depression for their mothers. The second study follows how the NICU staff is affected by outcomes of the first study. While results are still pending, the interventional studies have already made a significant impact on Valley’s approach to patient care, family interactions, and NICU staff self-care.

The 5th Annual NICU Fashion Show & Tricky Tray was held at the Venetian on May 21, 2019. Valley’s NICU families and staff collaborate each year to make this well attended event a fundraising success.



IMPACT



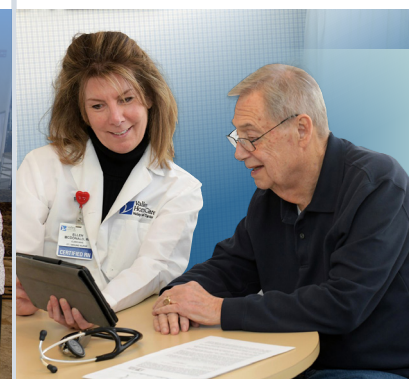
Philanthropy helped Valley Home Care meet the increasing demand for a full spectrum of treatments by offering vital new programs and the latest in medical technology.

For instance, Valley delved further into the world of telemedicine — monitoring a patient without requiring them to leave their home — which helped reduce the need for re-hospitalization, enhance patient’s adherence to treatment plans, and increase patient confidence. In 2019, Valley Home Care conducted 865 tele-management visits to create a comprehensive care continuum between the patient, physical therapist, referring physician, and telehealth nursing team.

“**Health Recovery Solutions virtually brings the health care provider right into the patients’ homes every day, providing them with the comfort of knowing they are being ‘looked at’ daily via the monitor readings and survey questions, even when they are not face-to-face.**”

ELAINE DAVIS, RN *Currently leads the Tele-management Team as Clinical Coordinator*

Through Valley Hospice’s pediatric art therapy program, Journeys, 445 children and adolescents ages 3 to 17 were provided bereavement counseling and support services last year. Valley’s board-certified art and music therapists provided children affected by serious illness or death of a loved one with a safe place to express their grief, anger, and fear, while developing important coping skills. The art therapist helped patients and siblings express their feelings and reactions to the illness through the creation of art pieces through various art modalities. Valley Home Care also offered music therapy to address patients’ and caregivers’ physical, emotional, cognitive, and social needs through sound intervention.



Utilizing telehealth technology, Valley’s staff is able to monitor high-risk patients remotely, send medication reminders, provide educational materials, and communicate with them in real-time through video, phone and text chat.

The Valley Hospital in Paramus

At the Intersection of Innovation, Health, and Wellness

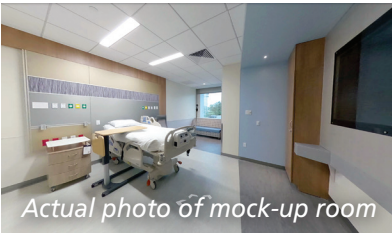
“The New Valley Hospital will allow us to raise the bar in all that we do. It will revolutionize how we deliver extraordinary healthcare, strengthen our ability to help people in our community live healthier lives and provide the flexibility that will be needed to adapt to changes in healthcare delivery.”

AUDREY MEYERS President and CEO of Valley Health System on November 1, 2019, the Groundbreaking Ceremony for The Valley Hospital in Paramus



Hospitals play a vital role in improving the health and wellness of the community. Never before has this been more evident. In creating The Valley Hospital in Paramus, Valley has the extraordinary opportunity to realize the possible. Taking maximum advantage of future advances in patient care, research, and technology, Valley is creating a state-of-the-art health and wellness facility that will meet the evolving needs of our community.

After many years of planning, in late 2019, Valley Health System celebrated a significant occasion: the groundbreaking of the site that will become The Valley Hospital in Paramus. We are proud of the early support our donors have provided to this project and are grateful for the ongoing encouragement from the community as we move through the planning and construction phases.



All Single Patient Rooms

A key feature of the new hospital design is single patient rooms. Each room will enhance patient privacy, foster a quieter environment, and provide ample space for families to participate in the healing process. Evidence has also shown that single patient rooms in hospitals help prevent and control healthcare-associated infections. The flexible design will also enable us to convert a patient's room- or an entire unit- from standard to isolation type with the touch of a button, enabling us to rapidly respond to situations like those faced during the coronavirus pandemic.



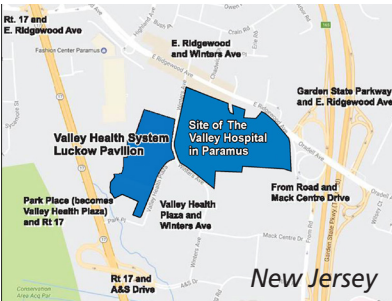
Integrated Care

In many medical emergencies, time is of the essence. When a patient is suspected of having a stroke, a rapid triage, exam, and diagnosis must be made in order to administer life-saving medication and treatment in a defined timespan in order for it to be effective. At the new Paramus campus, there will be a central interventional platform which will physically integrate service between The Emergency Department, Diagnostic Imaging and Testing, Operating, and Procedural Rooms. Within this new concept, Valley is able to build its first Stroke Center to rapidly assess and treat patients showing signs of a stroke. This integration and co-location of functions will increase efficiencies and reduce patient transit through the hospital.



Environmentally Sustainable

The creation of the new hospital provides a unique opportunity to reaffirm Valley's commitment to the health of our community through progressive, eco-friendly design. The planning, constructing, operating, and maintenance of the hospital will have built-in sustainable elements. Valley believes that minimizing its environmental impact and maintaining a healthy atmosphere are vital components of its delivery of care to our region.



Globally-Ranked Healthcare Close to Home

Valley's team of physicians, nurses, and medical professionals have earned global rankings and prestigious awards for patient care and safety. This is the team that is informing the design of our new facility — right here in our community. The Valley Hospital in Paramus is adjacent to Valley's Luckow Pavilion where our oncology services and same-day surgery areas are housed to provide convenient access to comprehensive care. The campus is located close to the area's major highways and is easily accessible to patients coming from all directions. Those in need of medical attention don't need to cross the Hudson River to get access to world-class care — *it is right here*. The value of the proximity of resources has taken on new significance in light of the coronavirus pandemic.



Behind the Scenes: Stepping Inside the Test Room

To ensure that the planned design elements meet the needs of our frontline caregivers and those who support them, mock-up rooms have been created in our 140 East Ridgewood Avenue building adjacent to the construction site. There, Medical/Surgical, Emergency Department, Labor and Delivery, and Critical Care exam and patient rooms along with an operating room will be walked through by expert clinicians and nurses. They will test the experience of the designs, confirm the best placement of furniture, equipment, and utility connections, and ensure the highest level of patient and family-centered care.



November 1, 2019: Breaking Ground for The Valley Hospital in Paramus
Audrey Meyers, President & CEO of Valley Health System (center), along with New Jersey Governor Phil Murphy, federal, state, and local dignitaries, and leadership donors, plant their shovels into the ground to signify the start of construction for The Valley Hospital in Paramus.

2017

Announcement of The Valley Hospital in Paramus and Certificate of Need Application

2018

Site Plan Reviewed by Borough of Paramus Planning Board

2019

Site Plan Approved and Valley holds Groundbreaking Ceremony – Construction Commences!

2020-2023

Construction

2023

Grand Opening (Projected)

THE POWER OF
PHILANTHROPY

The inspiring outpouring of philanthropic support has transformed the relationship between the Valley caregivers and the Valley community, and the spirit of solidarity continues to grow. The power of philanthropy is uniquely tangible right now through donations to The Valley Hospital in Paramus. At such an extraordinary time, funding for this project is an affirmation in the belief that our community is strong and values the outstanding healthcare provided by Valley Health System. *Thank you* to our donors who have already made a contribution to this project — and *thank you* in advance to those who will in the coming years.

Please visit
impact.valleyhospitalfoundation.org
for an exclusive video.
USERNAME: **stevenrogers**
PASSWORD: **123456**





Photo of the construction site of The Valley Hospital in Paramus taken May 13, 2020



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